

Maternity Benefits

Covered by VA:

- Prenatal care, labor and delivery, and post-partum exam
- Hospitalization for labor and delivery
- Any other medically necessary treatments related to the pregnancy
- Up to seven days of medical care for your newborn baby, including circumcision or other care
- Prosthetic items provided through the VA Prosthetic Department
- Prescriptions filled at the VA pharmacy

NOT covered by VA:

- Prescriptions filled at an outside pharmacy.
- Transportation to and from prenatal and post-partum appointments
- Home deliveries
- Experimental or non-VA approved medical procedures

If you think you are pregnant:

1. Enroll in VA care, if you have not previously done so.
2. Contact your VA health care provider or Donna Higgins, WVPM.

WOMEN VETERANS HEALTH CARE

You served, you deserve
★ the best care anywhere.



For More Information Contact:

Donna L. Higgins, MSW, LCSW

Women Veterans Program Manager
402-995-4906 or 1-800-451-5796 ext. 94906

Having An Emotional Crisis?

Call The Veterans Crisis Line

1-800-273-TALK (8255)

Available 24 hours a day, 7 days a week



**VA
HEALTH
CARE**

Defining
EXCELLENCE
in the 21st Century

VA Nebraska-Western Iowa Health Care System

4101 Woolworth Ave.

Omaha, NE 68105

402-346-8800

1-800-451-5796

www.nebraska.va.gov

2501 Capehart Rd.
Bellevue, NE 68113

710 S. 13th St. Ste. 1200
Norfolk, NE 68701

2201 N. Broadwell Ave.
Grand Island, NE 68803

600 E. Francis, Ste. 3
North Platte, NE 69101

1118 Burlington St.
Holdrege, NE 68949

555 E. John St.
O'Neill, NE 68763

600 S. 70 St.
Lincoln, NE 68510

512 S. Fremont St.
Shenandoah, IA 51601

Media/Womens Health/Pregnancy Brochure 5-13

WOMEN VETERANS HEALTH CARE

Your VA Maternity Benefits



VA Nebraska-Western Iowa
Health Care System

Receiving Maternity Care

All women Veterans enrolled and eligible for VA care can receive VA maternity benefits.

Maternity care is not physically provided at VA. Instead, maternity care is offered by a provider at a facility of your choice and is paid for by the VA. Once your primary care provider confirms your pregnancy, our Non-VA Care Department is consulted to begin authorization of payment of maternity benefits.

Non-VA Care Department

Phone: 402-995-5400

Fax: 402-341-0154

Obstetricians

You will select a provider for prenatal care, labor and delivery services, and a post-partum exam. You will also select a hospital for delivery and receive up to seven days of newborn care. The VA will notify your chosen provider and hospital and send an authorization for payment of services.

Specialty Providers

If pregnancy-related medical concerns arise and your OB provider thinks you need to see another specialist or a high risk obstetrician, you can be referred. Please notify the Non-VA Care Department to ensure that treatment is authorized.

Patients already under the care of VA specialists may continue to be treated at VA for their medical conditions.

Emergencies

VA Nebraska-Western Iowa Health Care System is not equipped to address obstetrical emergencies at any of our facilities. For maternity-related medical emergencies, go to the nearest hospital or the hospital where your obstetrician will deliver your baby. Contact the Non-VA Care Department as soon as possible to report an emergency visit.

Co-payments

If you pay a co-payment when you are seen at the VA, you will be responsible for a physician co-pay when seen by the obstetrician and an inpatient hospitalization co-pay for delivery. If you have health insurance and the VA has your insurance information, your insurance will be billed the amount of your co-payments.

Prescriptions

Prescriptions ordered by your obstetrician for your pregnancy should be filled by the VA Pharmacy. Prescriptions may be brought to a VA Pharmacy to be filled, or your medication can be mailed to you.



Prosthetics

Prosthetic items such as nursing bras, breast pump, support hose, maternity belt may be obtained through VA Prosthetics. Your VA provider will need to write an order for the prosthetic items you need.

Billing

Bills related to your care are to be sent directly to the VA. If you inadvertently receive bills, contact the Non-VA Care Department.

Non-VA Care Department

Phone: 402-995-5400

Fax: 402-341-0154

Depression After Pregnancy

Do you, or have you had any of these symptoms for more than two weeks?

- Feeling restless or moody
- Feeling sad, hopeless, and overwhelmed
- Crying a lot
- Having no energy or motivation
- Eating or sleeping too little or too much
- Having trouble focusing or making decisions
- Having memory problems
- Losing interest or pleasure in activities you used to enjoy
- Withdrawing from friends and family

If so, call your provider immediately or the After Hours Nursing line at 866-687-7382.