

# the link

MARCH  
2014



VA Nebraska-Western Iowa Health Care System



**5** SPREADING  
THE WORD ABOUT  
VA HEALTH CARE



**One of the many themes celebrated in March is Patient Safety Awareness Week.**

Besides just celebrating the week, VA Nebraska-Western Iowa Health Care System staff are focused on improving patient safety year round.

Our strategic plan highlights ensuring Veterans receive the appropriate care at the right place and right time as a priority. One way Veterans can help us meet our patient safety goals is to be actively involved in their care. What this means is Veterans should be comfortable asking any questions they may have about their treatments and ask for clarification about diagnoses. We want to be partners in care. Veterans should also ensure they keep their providers informed about changes in their conditions.

On our end, as care providers, we are lucky to work for an organization that has been a long-standing champion of patient safety. By creating a culture where staff feel safe reporting errors and near misses, VA has shifted its safety emphasis from one of blame to one of partnering to provide consistent, quality care at a systems level.

To learn more about VA's patient safety initiatives, visit VA's National Center for Patient Safety at [www.patientsafety.va.gov](http://www.patientsafety.va.gov).

*Marci Mylan*

**DIRECTOR AND PUBLISHER**  
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Will Ackerman

**THE LINK EDITORIAL STAFF**  
**Editor** | Anna Morelock  
**Photographer** | Bruce Thiel  
**Designer** | Becky Brown

FACT: VA'S NATIONAL CENTER FOR PATIENT SAFETY WAS CREATED IN 1998. IN 2001, NCPS WAS PRESENTED THE INNOVATIONS IN GOVERNMENT AWARD FOR PREVENTING AND REDUCING ADVERSE MEDICAL EVENTS BY ADDRESSING SYSTEMIC VULNERABILITIES. LEARN MORE AT [WWW.PATIENTSAFETY.VA.GOV](http://WWW.PATIENTSAFETY.VA.GOV).

Cover: Dr. Tommy Sowers, VA Assistant Secretary for Public and Intergovernmental Affairs, tweets a photo of Sally Haferbier, a CNA on 5East, during his recent visit to the Omaha VAMC. Haferbier talked to Sowers about how staff use aromatherapy in patient care, including providing warm, lavender scented washclothes after meals. (Photo by Dr. Tommy Sowers)



# the link

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“I’m grateful and honored to serve Veterans. They made such a sacrifice. Any way that I can help them through the scope of my practice, I’m happy to help to the best of my ability.”

Tracy Sherwood, PLCSW  
Patient-Aligned Care Team Social Worker, Omaha VAMC



Meet an Employee | VA Chief Receives American Psychiatric Association Award



Spreading the Word About VA Health Care



Sleep Services Offers Reprieve from Restless Nights



Making a Difference, Women in VA



VA Views



This magazine is an authorized publication for VA Nebraska-Western Iowa Health Care System (VA NWHCS). Contents of The Link are not necessarily the official views of, or endorsed by, the U.S. government, or the Department of Veterans Affairs. The editorial content of this publication is the responsibility of the VA NWHCS Public Affairs Office.

### CONTACT US

Have a story idea? Call the VA NWHCS Public Affairs Office; Will Ackerman at 402-995-4719, Anna Morelock at 402-995-5547, or email [vhanwipublicaffairs@va.gov](mailto:vhanwipublicaffairs@va.gov).

VISIT US ONLINE  
Scan with your smart phone to view more issues of The Link online.



## MEET

# lance maley

Administrative Officer for the Chief of Staff  
OMAHA VA MEDICAL CENTER

How long have you  
been at VA NWIHCS?

*"It will be a month  
in March."*



Maley, who retired as a Medical Service Corps officer after 20 years in the U.S. Army, worked for four years in the private sector before returning to federal service at the Defense Department's Fort Belvoir (Va.) Community Hospital.

Being a Veteran himself, Maley said he enjoys giving back to Veterans.

*"I'm still capable and able to help provide care. I think (as with) the DoD experience, you're giving back to folks where you came from."*

**Why the move from the east coast?**

*"I'm from Kansas, and just wanted to get as close to home as I could." And jokingly, "I came back for your beautiful weather."*

Outside of work, Maley runs marathons, with the last being in October 2013. *"I plan to run more until I can't," he said.* 🗣️

## VA Chief Receives

# AMERICAN PSYCHIATRIC ASSOCIATION AWARD

Will Ackerman | Public Affairs

**The chief of Mental Health and Behavioral Services at VA Nebraska-Western Iowa Health Care System was named recipient of the 2014 Irma Bland Award for Excellence in Teaching Psychiatry Residents.**

Dr. Subhash Bhatia was recognized by the American Psychiatric Association with this award for outstanding, sustained and creative contributions to psychiatry resident education and training.

In addition to Bhatia's role at VA NWIHCS, he has served as full-time faculty at Creighton University School of Medicine for more than 36 years and in roles that include director of the Psychiatry Clerkship Program and Psychiatry Residency Training.

Bhatia has served for 20 years as a chair of the Creighton University of School of Medicine Continuing Medical Education Committee.

His work includes resident supervision, career counseling and mentoring. He has collaborated with residents to co-author research articles and chapters for a new book on substance use and addiction disorders; diagnosis and management.

In addition to his work at VA and Creighton, Bhatia provides clinical supervision and teaches medical students at Magis Clinic, a charity clinic for disadvantaged members of the Omaha community located at the Sienna Francis House Shelter.

Bhatia has volunteered for the American Board of Psychiatry and Neurology and assisted with writing questions for part I of the

*(continued on page 9)* ▶



Photo by Will Ackerman

# Spreading the word about VA HEALTH CARE

Will Ackerman | Public Affairs

**S**pread the word about VA health care. This is the challenge VA's Assistant Secretary for Public and Intergovernmental Affairs, Dr. Tommy Sowers, presented Feb. 21 to employees during his visit to the VA Omaha Medical Center.

It's critical for VA to conduct "boots-on-the-ground" outreach, Sowers said, because of a recent VA survey where 59 percent of Veterans stated they were unaware of their VA health care benefits and services. In addition, only 47 percent of Veterans in Nebraska, and 44 percent nationally, are accessing their health care through VA.

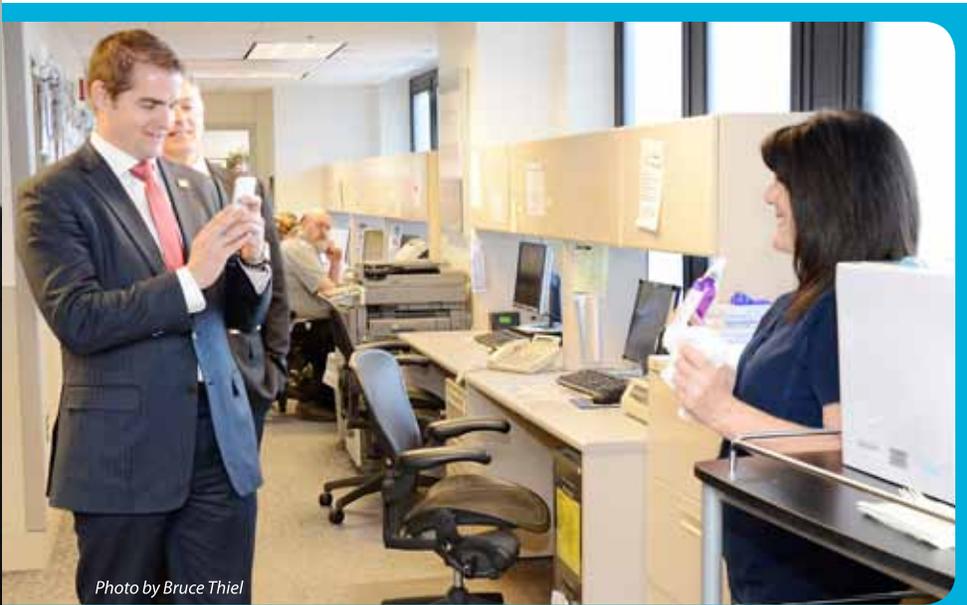


Photo by Bruce Thiel

Sowers announced an initiative where VA will conduct in-person outreach to every county in each state. VA Mobile Vet Centers, which are mobile counseling centers that look similar to recreational vehicles, will be center to this initiative.

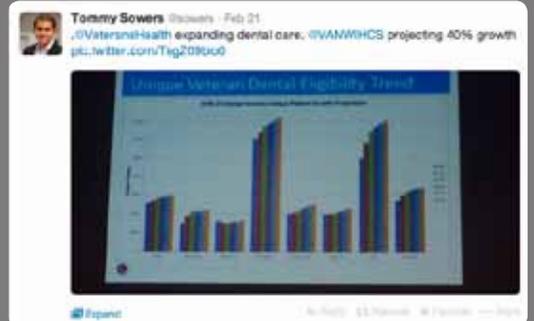
“We are going to go to where Veterans are.”

Dr. Tommy Sowers  
VA Assistant Secretary for Public and Intergovernmental Affairs

In addition to increasing awareness about VA benefits, outreach is important to dispel misinformation about the quality of VA health care.

“VA is consistently recognized for excellence by independent reviews and organizations,” Sowers said. “From the Annals of Internal Medicine to the Joint Commission and the RAND Corporation, VA health care outperforms the private sector in care quality, treating acute and chronic illnesses and delivering preventive care.”

(continued on page 9) ▶



Dr. Tommy Sowers, VA Assistant Secretary for Public and Intergovernmental Affairs visits with overnight staff at the Omaha VAMC. Above: Sowers (center) spent several hours in the Intensive Care Unit with Maria Engen, RN; Andy Maasdam, RN; Myron Acosta, RN; and Kate Maasdam, RN.

# SLEEP SERVICES OFFERS REPRIEVE FOR

**A** Army Reserve Veteran Jeffrey Williams has had a hard time sleeping ever since he returned from Operation Desert Storm in the 1990s. He knows he snores; his fellow Soldiers told him that. It wasn't until he was told he stopped breathing several times during a recent routine medical procedure that Williams was scheduled for a sleep study at VA Nebraska-Western Iowa Health Care System and diagnosed with sleep apnea.

Obstructive sleep apnea disturbs the sleep of 5 to 15 percent of the adult population and is now known to be associated with other diseases such as diabetes, heart conditions and obesity. At VA NWIHCS, a multidisciplinary team treats patients across the state and conducts about 1,200 sleep studies each year.

For those who have sleep apnea like Williams, what they may not be aware of while they are sleeping are short micro awakenings that last three to four seconds and cause fragmentation of their sleep. Some signs this may be happening include loud snoring and sleepiness or fatigue during the day. In more severe cases, sufferers of sleep apnea may wake choking or gasping.

“We spend one-third of our lives sleeping, but when we sleep we have no idea of what’s going on at night. What we have learned is there are a lot of things that go on at night when you sleep, which are very relevant and can have a serious impact if you don’t know.”

Dr. Naresh Dewan, chief of Pulmonary Services at VA NWIHCS.

Obstructive sleep apnea is caused by narrowing of the airway at the back of the throat, which can be caused by various factors. When a person sleeps, their throat muscles naturally relax. The tongue tends to fall backward, which can block the airway. Some people have larger tongues, or smaller jaws. General weight gain also can put pressure on the airway as a person’s neck size increases. Every person is different, Dewan said.

Home sleep studies and in-lab studies are used to diagnose patients. When diagnosed with sleep apnea after an in-lab



Photo by Anna Morelock

Left: Mary Tjepkes, a registered respiratory therapist and sleep case manager at the Omaha VAMC, shows Army Reserve Veteran and VA NWIHCS employee, Jeffrey Williams, the wireless device that is a part of his new CPAP machine. The machine will transmit data to Tjepkes’ computer for review each day so she can monitor Williams progress as he adjusts to his new treatment.

Right: Mike McCarty, a registered respiratory therapist at the Omaha VAMC, demonstrates the equipment used in a home sleep study on Wayne Hull, a sleep technician in Omaha.

# FROM RESTLESS NIGHTS

Anna Morelock | Public Affairs

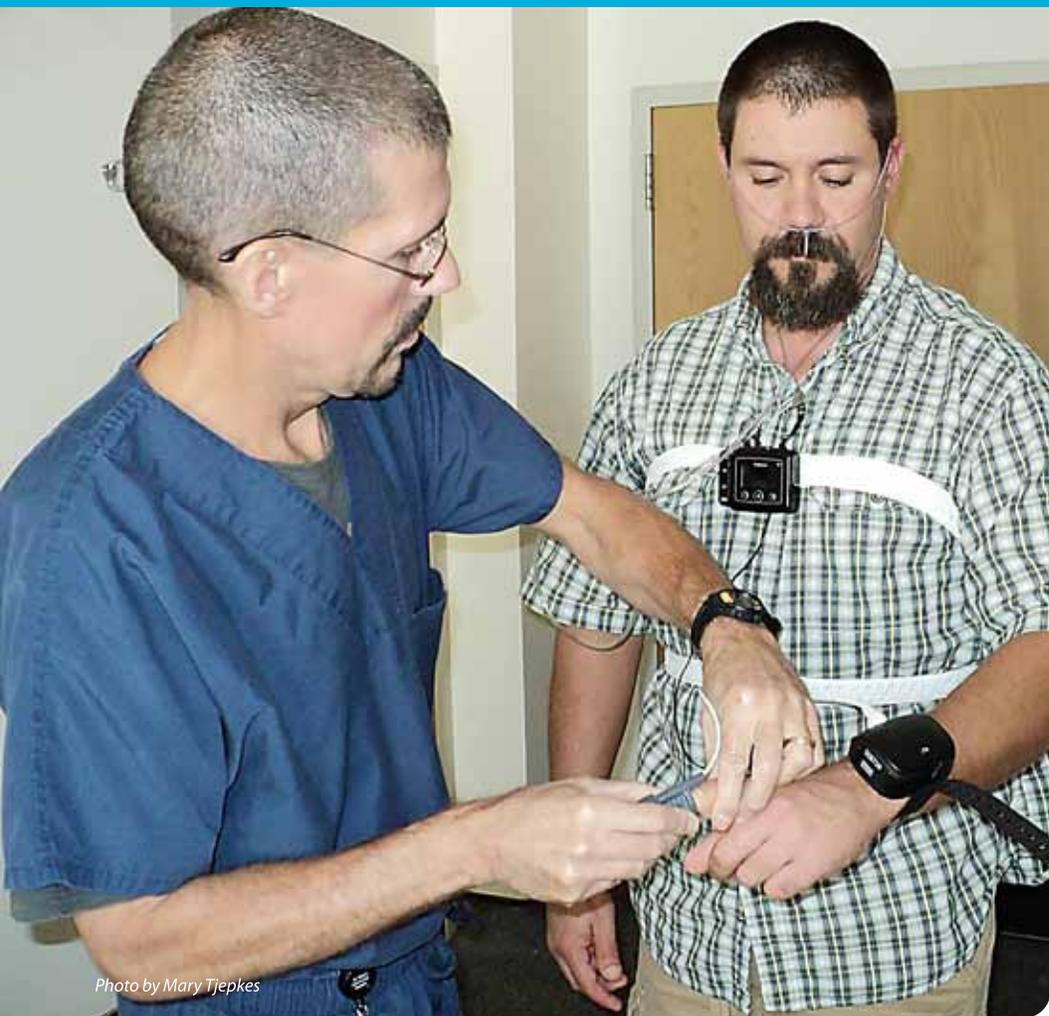


Photo by Mary Tjepkes

study, patients are sent home that morning with a continuous positive airway pressure, or CPAP, machine. The machine, which is the most common treatment for sleep apnea, continually pushes air through a

mask into the airway to keep it from collapsing. The machines also transmit data to respiratory therapists at VA NWIHCS each day so they can monitor patients' progress and follow up with them.

This model of care is important to success in the treatment of sleep apnea, Dewan said. In many organizations, a patient will complete the sleep study, get the results in a couple of weeks and then wait a couple more weeks while the CPAP is ordered. After this, they will use the machine for a month or so, and then bring a data chip in to their provider at a follow-up appointment to check on their progress.

"That is too late in my mind," Dewan said. "Four weeks have gone by, the patient didn't use it, didn't like it. So now what has happened is he's built up a negative history that CPAP is no good."

Using the machines that transmit data wirelessly is a more patient-focused approach, said Dewan who has been with VA for 30 years and is board certified in sleep medicine, as well as internal medicine, pulmonary and critical care. Dewan said the team's model of care has worked so well, he has even presented information to other VAs on VA NWIHCS' multidisciplinary approach, which allows them to provide more timely care to more patients. The team is even working with Telehealth to provide sleep services at outpatient clinics.

The morning after Williams' sleep study, Mary Tjepkes, a respiratory therapist, spent time going over the machine with Williams and teaching him how to wear it properly, how to use the different features and how to clean it. Two days after leaving the VA NWIHCS sleep lab with his CPAP, Williams said he was still getting used to the CPAP, but was happy to have a solution to his restless nights. 

NATIONAL  
SLEEP WEEK  
MARCH 2-8, 2014

# Making a Difference

## WOMEN IN VA

Emma L. Miller  
VHA's First Woman  
Employee



Miller was appointed as the first matron at the Central Branch National Home for Disabled Volunteer Soldiers in Dayton, Ohio (now Dayton VAMC) in the fall of 1867. She helped at the hospital, oversaw laundry operations, ran the home's hotel, and was eventually elevated to superintendent of the general depot, where much of the clothing and supplies for all of the National Homes were manufactured and distributed – a rare position to held by a woman, in those days. In the 1880 annual report, she reported that the “Matron’s Department” had washed, pressed, repaired, and reissued more than 1,703,648 pieces of laundry and linens, averaging 32,762 pieces per week. Worn out linens were condemned, then washed and reused in the hospital as bandages and dressings, in the engineer’s department as wipers and wrappings for steam-pipes, and as wipers and mops elsewhere.

Essie Davis Morgan  
One of VA's pioneering women and sister of  
Hollywood actor-producer  
Ossie Davis



Essie Mae Davis was born in 1920 in Ware County, Georgia, and grew up in the segregated

South where job opportunities for black women were very limited. She graduated from Alabama State College and went on to pursue a master's degree in social work from

Atlanta University. She was hired at the Tuskegee VA hospital in 1949. While at Tuskegee she developed a community placement program for psychiatric patients that became a model for all VA psychiatric hospitals and authored numerous guides and articles that perpetuated new best practices within VA and the field of social work. She developed new techniques to aid in the care of dialysis and spinal cord injury patients. Opportunities for advancement expanded for African Americans and women after the Civil Rights Act became law and, in 1965, she was appointed as Chief of Community Service in the VA Social Work offices at VA Central Office in Washington, D.C. Her VA career lasted nearly 40 years. She retired in 1986.

Vivian Malone Civil Rights Pioneer



On a blustering hot day, in 1963, Alabama Governor George Wallace stood in the doorway of Foster Auditorium at the University of Alabama in an attempt to prevent two African American students from entering. Vivian Malone and James Hood, recently enrolled, were escorted by federalized National Guard troops into the building and to their classes. They were the only two African Americans in a student body of 9,000. Two years later Vivian Malone became the first African American to graduate in the university's 132-year history. In September 1965, Malone was hired by VA as an employee relations assistant in the Office of Personnel. It was her second federal position. She later went to work at the Environmental Protection Agency's Atlanta office, got married, and enjoyed a long career in federal government until her retirement in 1996.

Irene Parsons VA's first woman executive



In August 1965 Irene Parsons became the first woman executive at VA when she was appointed Assistant Administrator and Director of Personnel by President Lyndon B. Johnson. She oversaw 170,000 employees – 50,000 of them women – in the third largest government agency behind the Defense Department and the Post Office. Equal opportunity for everyone was her personal platform. Her salary was \$22,000 per year. Parsons spent her entire career at VA, retiring in 1975 after nearly 30 years of service. 🗣️

*Story and photos compiled from contributions by VHA historian Darlene Richardson.*

► *(American Psychiatric Award continued from page 4)*

psychiatry examination and as an examiner for part II oral board examinations for more than 22 years.

Bhatia participated as volunteer faculty for test development for the Psychiatry Resident in Training Examination by the American College of Psychiatrists and served on the Membership Selection and Finance committees.

Since 1996, he has been listed in Best Doctors in America. In addition, he is listed in the Guide to America's Top Psychiatrists and Best of the U.S. Physicians in Psychiatry. For two consecutive terms, Nebraska's governor appointed him to serve on the Nebraska Advisory Committee on Substance Use Disorders.

He has published more than 64 peer-reviewed research articles and has made a similar number of oral and poster presentations at national and international psychiatry conferences. 

► *(Spreading the Word About Health Care continued from page 5)*

Sowers, an 11-year U.S. Army Veteran, and former Green Beret, encourages Veterans to learn about the "lifetime of VA benefits that they may be eligible for."

"I've benefitted from the VA's services as a Veteran. I encourage Veterans to contact the VA to find out for themselves," Sowers said.

In addition to the boots-on-the-ground initiative, VA will launch new media advertisements.

Sowers encourages Veterans to learn if they are eligible for VA health care benefits by completing the online form at [www.va.gov/explore](http://www.va.gov/explore), visiting a Veteran service officer in their county or stopping into a VA health care facility near them. 

Employees are encouraged to contact the VA NWIHCS Public Affairs Office to discuss outreach opportunities and ideas at [vhanwipublicaffairs@va.gov](mailto:vhanwipublicaffairs@va.gov) or Omaha ext. 4719 or 5547.

To find a VA NWIHCS facility, visit [www.nebraska.va.gov](http://www.nebraska.va.gov).

There are thousands of health information websites...



 **Veterans Health Library**  
Your source for health information

But only one designed for you.

[www.veteranshealthlibrary.org](http://www.veteranshealthlibrary.org)



## events **WHAT'S GOING ON?**

**March 2-8** *Patient Safety Awareness Week*

**March 3** *VA Food Pantry, Lincoln*

*Veterans Exercise Class, Omaha*

**March 3-10** *National Sleep Awareness Week*

**March 5** *Ash Wednesday Services, Omaha*

*VA Food Pantry, Omaha*

*50<sup>th</sup> Commemoration of Vietnam Information Booth, Omaha*

**March 6** *Veterans Exercise Class, Omaha*

**March 7** *Free Tax Assistance, Grand Island*

**March 9** *Daylight Saving Time*

**March 10** *Veterans Exercise Class, Omaha*

**March 12** *Registered Dietician Day*

*Veterans Exercise Class, Omaha*

**March 13-19** *National Pulmonary Rehabilitation Week*

**March 14** *Free Income Tax Assistance, Lincoln*

**March 17** *Veterans Exercise Class, Omaha*

**March 19** *VA Food Pantry, Omaha*

*50<sup>th</sup> Commemoration of Vietnam Information Booth, Omaha*

*Veterans Exercise Class, Omaha*

**March 21** *VA Coffeehaus, Lincoln*

**March 24** *Veterans Exercise Class, Omaha*

**March 26** *VA and Community Book Club, Lincoln*

*Veterans Exercise Class, Omaha*

**March 30-April 4**

*National Veterans Winter Sports Clinic, Snowmass, Colo.*

**March 31** *Veterans Exercise Class, Omaha*

For more information  
about VA NWIHCS events,  
visit [www.nebraska.va.gov](http://www.nebraska.va.gov).



# HELLO

Dec. 29, 2013 to Feb. 8, 2014  
**Isaac Abban**, Outpatient Nursing

**Elias Bainbridge**,  
 Veterans Canteen Service

**Jeremy Boxdorfer**, Engineering

**Rachel Burke**, Pharmacy

**Michelle Daake**, Primary Care  
 and Specialty Medicine

**Vincent Dang**,  
 Biomedical Engineering

**Silile Dube**, Outpatient Nursing

**Michael Ehle**, Pharmacy

**Brandon Ernst**, Pharmacy

**Paul Ferrin**, Engineering

**Ezekiel Gardels**, Pharmacy

**James Gillis**, Primary Care and  
 Specialty Medicine

**Sarah Gillis**, Primary Care and  
 Specialty Medicine

**Joshua Graf**, Surgery

**Shirley Holm**, Mental Health

**Lori Huntley**, Business Office

**Matthew Jordan**, Police

**Lois Kalilangwe**, Primary Care  
 and Specialty Medicine

**Lynette Kardell**, Business Office

**Brandon Kehl**, Environmental  
 Management Service

**Derek Kerr**, Environmental  
 Management Service

**Breanna Kuhlman**,  
 Mental Health

**Edward Leaders**, Pharmacy

**Lance Maley**, Chief of Staff's Office

**Yamireth Mehler**, Lab

**Eva Methe**,  
 Veterans Canteen Service

**Matthew Miller**,  
 Veterans Canteen Service

**Gina Moulas**,  
 Geriatrics and Extended Care

**Cindy Nguyen**, Primary Care and  
 Specialty Medicine

**Michael Nighswonger**, Logistics

**Stephanie Nord**, Business Office

**David O'Dell**, Primary Care and  
 Specialty Medicine

**Louis Pena**, Engineering

**Amy Powers**, Pharmacy

**Kevin Prichard**, Prosthetics

**Nirmala Raj**, Primary Care and  
 Specialty Medicine

**John Rohrer**,  
 Veterans Canteen Service

**William Russell**,  
 Biomedical Engineering

**Mileka Scurlock**, OEF/OIF

**Beverlijane Shumaker**,  
 Geriatrics and Extended Care

**Janette Stallings**, Mental Health

**Kimberly Stamp**, Primary Care  
 and Specialty Medicine

**Ruth Steadman**, Primary Care  
 and Specialty Medicine

**Sidney Tangeman**, Primary Care  
 and Specialty Medicine

**Regan Taylor**, Primary Care and  
 Specialty Medicine

**Benjamin Thompson**, Police

**Peggy Thompson**, Lab

**Harriet Tomhave**, Surgery

**Chad Vokoun**, Primary Care and  
 Specialty Medicine

**Sean Wagner**, Business Office

**Thomas Weis**, Primary Care and  
 Specialty Medicine

# LEAVING

**Trent Barner**,  
 Biomedical Engineering

**Joshua Blintz**,  
 Geriatric and Extended Care

**Essex Bosan**, Environmental  
 Management Service

**Zach Clark**, Business Office

**Holly Flugge**, Pharmacy

**Aly Hassan**, Mental Health

**Rebecca Hajek**, Imaging

**Julia Hottovy**,  
 Veterans Canteen Service

**Keri Ingold**,  
 Veterans Canteen Service

**Sakshi Malhotra**, Primary Care  
 and Specialty Medicine

**Tania Monette**, Primary Care and  
 Specialty Medicine

**Christopher Moore**, Imaging

**Sarah Murrel**, Surgery

**Cameron Pesek**,  
 Veterans Canteen Service

**Misty Roomsburg**, Primary Care  
 and Specialty Medicine

**Dorothy Ruiz**,  
 Veterans Canteen Service

**Carmella Schroeder**, Engineering

**Timothy Summers**,  
 Mental Health

**Kerry Takeda**, Surgery

**Phylip Thomas**, Business Office

**Patricia Thompson**, Primary Care  
 and Specialty Medicine

**Emily VanHouten**,  
 Inpatient Nursing

**Julie Weedon**, Business Office

**Delisa Weyhrich**,  
 Inpatient Nursing

**Debra Zobel**, Outpatient Nursing

# RETIRING

**Rensina Blackwell**,  
 Inpatient Nursing

**John Horner**, Business Office

**Denise Knoll**, Lab

**Beverly Lindell**, Mental Health

**John Lopez**, Inpatient Nursing

**Jeanne Martins**, Primary Care  
 and Specialty Medicine

**Clare Miller**, Primary Care and  
 Specialty Medicine

**Robert Neale**, Mental Health

**Marion Pritchett**,  
 Geriatrics and Extended Care

**Deborah Scott**, Primary Care and  
 Specialty Medicine

**Thomas Stearley**, Primary Care  
 and Specialty Medicine

**Diane Verkamp**, Logistics

**Lila Wallace**, Mental Health

## EMPLOYEES

# RENEW YOUR PIV CARD\*

IN 3 STEPS

- 1 Get Fingerprinted**  
 Make appointment at <https://va-piv.com>.  
 Bring your drivers license or passport.
- 2 Get Sponsored**  
 Ask your supervisor or ADPAC for your PIV sponsor's contact  
 information after your fingerprints have been accepted.
- 3 Get Your PIV Card**  
 Make appointment at <https://va-piv.com>  
 Bring 2 valid forms of government-issued ID.



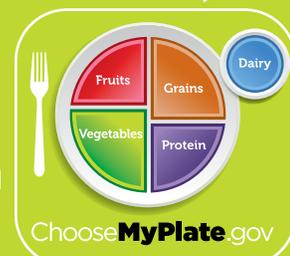
For More Information Visit:  
<http://vaww.nebraska.va.gov/piv.asp>

\*RENEW UP TO 6 WEEKS PRIOR TO EXPIRATION

March is

# National Nutrition Month

VA has Registered Dietitians ready  
 and willing to  
 assist you with your  
 nutrition and health  
 concerns. Just ask!



# How do you celebrate St. Patrick's Day?



*"We follow my grandmother's tradition and cook up corned beef and colcannon, which is an Irish dish of mashed potatoes and cabbage."*

**Bruce Thiel** | Medical Media | Lincoln CBOC

*"I make brats and sauerkraut at home and celebrate with a few friends."*

**Paul Safford**, U.S. Army Veteran  
Volunteer | Omaha VAMC



*"I don't celebrate because I am not Irish. My kids do wear green so that they do not get pinched at school."*

**Lori Armstrong, Ph.D.**  
Clinical Psychologist | Omaha VAMC



*"My wife is Irish by heritage so we usually go to, or host, a St. Patrick's Day party."*

**Todd Fleischer, Ph.D.**  
Chief of Psychology | Lincoln CBOC

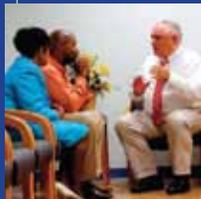


*"I celebrate with friends and eat corn beef and cabbage."*

**Don Haferbier, RN** | 5 East | Omaha VAMC

## IntegratedEthics

Improving Ethics Quality in Health Care



## Ethics is a priority. Need guidance?

In health care, patients and families often face the difficult question of "what should be done?" The right choice for one patient may be the wrong choice for another.

If you are unsure, or if you can't agree with your health care team or your loved ones about what is best, you can ask for an *ethics consultation*.

If you wish to seek help from the Ethics Consultation Service, leave a confidential message:

**1-855-ETHICS8**  
(1-855-384-4278)

# Start EXERCISING

## VETERAN GROUP EXERCISE CLASS

**Mondays & Wednesdays**

**5:15 to 6:15pm**

**Omaha VA Medical Center**  
Third Floor, TV Studio



*This class is for Veterans who are **starting** an exercise program. You'll learn techniques and exercises to get you started. Adjustments will be made to accommodate all fitness levels and abilities.*

**For More Information Contact:**  
Kelli Stott at 402-995-4987

WOMEN  
VETERANS  
★MAKE★  
HISTORY



WOMEN'S HISTORY MONTH VA



U.S. Department  
of Veterans Affairs

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