

29th National Veterans Golden Age Games

August 8-12, 2015 ★ Omaha, Neb

PATRIOTS
ON
THE **PLAINS**



NATIONAL
VETERANS
GOLDEN AGE GAMES

Dear Veteran Athletes:

On behalf of the VA Nebraska-Western Iowa Health Care System (NWIHCS), I welcome you to the 29th National Veterans Golden Age Games in Omaha, Neb. I hope you enjoy your stay in Omaha and enjoy the Golden Age Games events. We take great pride in our city and especially in our health care system.

We are honored we were chosen to host nearly 900 Veterans, their families and coaches this year for the Games. Our staff members take an immense amount of pride in caring for our Veterans, as shown by our consistent ranking among VA facilities highest in patient and employee satisfaction. This event is just one more opportunity for our staff members to show NWIHCS' commitment and dedication to our nation's Veterans. We hope you will see that same pride and quality of work we at NWIHCS put into the care we provide our Veterans throughout your stay in Omaha and at the National Golden Age Games.

One of the most enjoyable experiences of the Games is the camaraderie among fellow Veterans. Veterans who served together in the military are often reunited. It warms my heart to know that these Games promote health while also strengthening the bonds between Veterans, VA staff members and the community. I sincerely hope you are able to reunite, and build new bonds, with others during your time here.

In addition to the activities associated with the Games, Omaha also has many unique venues that are appealing to a wide range of interests, such as the Henry Doorly Zoo and the historic Old Market Entertainment District. We hope you take the time to enjoy all that Omaha has to offer.

I hope your experience in Omaha is a very rewarding one. Please stop and say hello to me if you see me at your event, as I would love to meet every Veteran participating in this year's Games.

Best of luck to you in your events, and again welcome to Omaha!

All the best,



B. Don Burman

Medical Center Director

Welcome to the National Veterans Golden Age Games. The City of Omaha is proud to be your host for "Patriots on the Plains."

This competition gives Veterans the wonderful opportunity to participate in events that demonstrate personal excellence and perseverance and the commitment of the Department of Veterans Affairs to quality programs and health care.

Whether you are a competitor, a spectator, a proud family member, or a volunteer, I am sure you will enjoy the many competition venues.

Omaha is a grateful community of friends, neighbors and families. We thank you for your service and dedication.

Enjoy your visit to Omaha and Good Luck!



Jean Stothert, Mayor
City of Omaha

See more welcome letters on pages 16-18



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Table of Contents

General Information	4
2015 Schedule of Events	6
The Century Link Center Omaha Map	10
Official Sporting Venue Map.....	12
Driving Directions to Off-Site Venues.....	14
Transportation Schedule.....	15
Welcome Athletes	16
2015 Proud Sponsors.....	20
NVGAG Frequently Accessed Official Rules	22



Opening Ceremony-Arena

SATURDAY, AUG. 8 at 6:30 p.m.

- **Doors open at 5:30 pm.**
- Pre-ceremony slide show will start at 6:00 pm., music at 6:15 pm., ceremony at 6:30 pm
- **Arena Floor Space Seating: Athletes, coaches, and those who are assisting an athlete. Seating is assigned by state, volunteers will be available to assist.**
- Please keep outside and center aisles free of obstruction in the arena due to the activities of the event.
- Designated Flag Bearers, should report to Dressing Room 5 and Press Interview Room EL124 by 5:30 pm in the Arena. Follow the directional signs.
- **Main Concourse Seating is for visitors, family members, supporters, and spectators.**

Closing Ceremony & After Party

WEDNESDAY, AUG. 12, 6 p.m.

- **Live Entertainment by the Rumbles**
- **Dancing | Ice Cream Social | Refreshments**
- **Commemorative Photobooth Photos (Group and Individual Photos)**

PHI (Personal Inventory of Health) and the Circle of Health Education Sessions

SUNDAY, AUG. 9, 2015

The Components of Proactive Health and Well-Being will be introduced and how each area of self-care is connected. The participants will learn how improving one area can benefit all other aspects of your life—including your overall physical, emotional, and mental health and well-being.

Health Coaching and SMART Goal Setting Education Sessions

MONDAY, AUG. 10; TUESDAY, AUG. 11, 2015

Staff will work with Veterans on how they can be active in their health and how to set goals to assist them in meeting the Health Goal(s).

Geocaching

MONDAY, AUGUST 10, 2015

Geocaching is an outdoor recreational activity, in which participants use a Global Positioning System (GPS) receiver or mobile device and other navigational techniques to hide and seek containers, called “geocaches” or “caches”, anywhere in the world. This activity is being presented by Virginia Cochran, RT from the Topeka, VAMC

What's With All the Shirt Colors?

Volunteers	Volunteer Greeters	Local Organizing Committee	Medical Team
National Officials	National Special Events Team	National Public Affairs Team	Athletes

Athlete Meals and Hospitality Room-Exhibit Hall A

BREAKFAST (SUN-WED) 5:30-8:30 AM ★ LUNCH (SUN-WED) 10:30 AM-1:30 PM ★ DINNER (SAT-WED) 4-7 PM

Athletes, bring your ID card (issued at the Expo) to each meal to receive your meal. Meal menus vary by day, and a menu for each meal will be on display outside Exhibit Hall A. Spouses and significant others must purchase their meals from the various concession stands, but are welcome to bring their purchased meal in Exhibit Hall A to accompany their athlete.

Off-Site Information: For those competing in Golf on Tuesday, August 11, your meal will be catered at the Dodge Riverside Golf Club. Be sure to bring your ID card. **All other off-site events should plan to eat at the Century Link Center in Exhibit Hall A during meal times. Snacks and water will be provided at all off-site events.**

Award Information and Event Results

Award Ceremony (Main Concourse) There is an award ceremony Tuesday and Wednesday, see the schedule on pages 6-9 for the events and age groups being presented during these times.

On-Site, at Conclusion of Events: See the schedule as well for the awards that will be presented on-site at the conclusion of the events. The awards will be presented at the area of the event competition, immediately following the competition.

Award Pick-Up: If you missed your awards ceremony, awards may be picked up in Show Office A-102 (see page 10 for location on the map). Event results will also be posted outside this room. Medals (gold, silver, bronze) will be given for places 1-3. Ribbons will be given for places 4-6 in designated events, see below.

Medals (Places 1-3 only): Dominoes, Nine Ball, Table Tennis, Shuffleboard, Horseshoes and Badminton

Medals (Places 1-3) and Ribbons (Places 4-6): Air Rifle, Bowling, Cycling, Field, Golf, Swimming and Track

Award Photos

Your photos from the awards ceremony can be downloaded at no cost from Shutterfly at:
www.nationalveteransgoldenagegames.shutterfly.com

Medical Suite and Invacare Wheelchair Repair

Century Link Center Omaha: SHOW OFFICE C-105 Aug. 8 -12; Hours: 6 a.m. to 8 p.m.

Hilton Omaha: ROOM 3034 August 7-13; Hours: 7:30 p.m. to 8 a.m. Phone: 1-402-998-3400, Rm. 3034

Command Center Information Line

For questions and issues related to the games that cannot be answered by a volunteer, call the information line at **402-599-6385**.

Omaha VA Medical Center

4101 Woolworth Ave., Omaha, Neb. ★ 402-346-8800 or toll free 1-800-451-5796

2015 Schedule of Events

FRIDAY, Aug. 7				
2-8 PM	PRE-REGISTRATION		FRONT LOBBY	CONV CTR
SATURDAY, Aug. 8				
	ARRIVALS			OMA AIRPORT
8 AM-5 PM	REGISTRATION, HEALTH AND WELLNESS EXPO		FRONT LOBBY EXHIBIT HALL C	CONV CTR
9:00 AM	RACQUETBALL (EXHIBITION SPORT)		EXHIBIT HALL C	CONV CTR
11:00 AM	RACQUETBALL (EXHIBITION SPORT)		EXHIBIT HALL C	CONV CTR
2:00 PM	RACQUETBALL (EXHIBITION SPORT)		EXHIBIT HALL C	CONV CTR
4-5 PM	COACHES MEETING		ROOM 215	CONV CTR
4-7 PM	DINNER		EXHIBIT HALL A	CONV CTR
6:30 PM	OPENING CEREMONIES	See Page 4 for Information	ARENA	CONV CTR

SUNDAY, Aug. 9				
5:30-8:30 AM	BREAKFAST		EXHIBIT HALL A	CONV CTR
7-7:30 AM	ALL FAITHS WORSHIP	See Page 4 for Information	ROOM 213	CONV CTR
8:00 AM	NINE BALL**	65-69	EXHIBIT HALL B	CONV CTR
	TABLE TENNIS**	ALL W/C AGES, 80-84, 85+	EXHIBIT HALL C	CONV CTR
	TRACK**	1500, 100, 400 1 MILE POWERWALK 200, 800		BURKE HS
9:00 AM	AIR RIFLE		BALLROOMS A & B	CONV CTR
	BLIND DISC GOLF (EXHIBITION SPORT)		ROOMS 215-216	CONV CTR
	RACQUETBALL (EXHIBITION SPORT)		EXHIBIT HALL C	CONV CTR
	TABLE TENNIS**	55-59	EXHIBIT HALL C	CONV CTR
	NINE BALL**	60-64	EXHIBIT HALL B	CONV CTR
10:30 AM -1 PM	LUNCH		EXHIBIT HALL A	CONV CTR
11:00 AM	AIR RIFLE		BALLROOMS A & B	CONV CTR
	NINE BALL**	70-74	EXHIBIT HALL B	CONV CTR
	RACQUETBALL (EXHIBITION SPORT)		EXHIBIT HALL C	CONV CTR
	TABLE TENNIS**	75-79	EXHIBIT HALL C	CONV CTR
1:00 PM	AIR RIFLE		BALLROOMS A & B	CONV CTR
	BLIND DISC GOLF (EXHIBITION SPORT)		ROOMS 215-216	CONV CTR
	DOMINOES**	70-74	BALLROOM C	CONV CTR
	NINE BALL**	55-59	EXHIBIT HALL B	CONV CTR
	TABLE TENNIS**	65-69	EXHIBIT HALL C	CONV CTR
2:00 PM	DOMINOES**	80-84	BALLROOM C	CONV CTR
	RACQUETBALL (EXHIBITION SPORT)		EXHIBIT HALL C	CONV CTR
3:00 PM	AIR RIFLE		BALLROOMS A & B	CONV CTR
	DOMINOES**	85+	BALLROOM C	CONV CTR
	NINE BALL**	75-79	EXHIBIT HALL B	CONV CTR
	TABLE TENNIS**	60-64	EXHIBIT HALL C	CONV CTR

Schedule Continued on Next Page

SUNDAY, Aug. 9 Continued

4-7 PM	DINNER		EXHIBIT HALL A	CONV CTR
5:00 PM	DOMINOES**	55-59	BALLROOM C	CONV CTR
	NINE BALL**	80-84, 85+	EXHIBIT HALL B	CONV CTR
	TABLE TENNIS**	70-74	EXHIBIT HALL C	CONV CTR
6:00 PM	CHECKERS TOURNAMENT		ROOMS 215-216	CONV CTR
	DOMINOES**	75-79	BALLROOM C	CONV CTR
	NINE BALL**	ALL WHEELCHAIR AGES	EXHIBIT HALL B	CONV CTR
6-7 PM	EDUCATION SESSION	CIRCLE OF HEALTH*	ROOM 214	CONV CTR

MONDAY, Aug. 10

5:30-8:30 AM	BREAKFAST		EXHIBIT HALL A	CONV CTR
8:00 AM	AIR RIFLE		BALLROOMS A & B	CONV CTR
	BADMINTON	SINGLES	GYM	UNO
	BOWLING	ALL WHEELCHAIR AGES		MOCKINGBIRD LANES
	DOMINOES**	65-69	BALLROOM C	CONV CTR
	SWIMMING**	25, 50 YARD BACKSTROKE & FREESTYLE	POOL	UNO
9:00 AM	BOCCIA (EXHIBITION SPORT)		EXHIBIT HALL C	CONV CTR
	BOWLING	ALL VI AGES		MOCKINGBIRD LANES
	3-ON-3 BASKETBALL (EXHIBITION SPORT)		EXHIBIT HALL C	CONV CTR
10:00 AM	AIR RIFLE		BALLROOMS A & B	CONV CTR
	BOWLING	80-84, 85+		MOCKINGBIRD LANES
	DOMINOES**	60-64	BALLROOM C	CONV CTR
	SWIMMING**	25, 50 YARD BACKSTROKE & FREESTYLE	POOL	UNO
10:30 AM-1:30 PM	LUNCH		EXHIBIT HALL A	CONV CTR
11:00 AM	BADMINTON	DOUBLES	GYM	UNO
	BOCCIA (EXHIBITION SPORT)		EXHIBIT HALL C	CONV CTR
	BOWLING	75-79		MOCKINGBIRD LANES
	3-ON-3 BASKETBALL (EXHIBITION SPORT)		EXHIBIT HALL C	CONV CTR
1:00 PM	AIR RIFLE		BALLROOMS A & B	CONV CTR
	BOCCIA (EXHIBITION SPORT)		EXHIBIT HALL C	CONV CTR
	BOWLING	70-74		MOCKINGBIRD LANES
	GEOCACHE		ROOM 214	CONV CTR
	3-ON-3 BASKETBALL (EXHIBITION SPORT)		EXHIBIT HALL C	CONV CTR
3:00 PM	AIR RIFLE		BALLROOMS A & B	CONV CTR
	BOWLING	65-69		MOCKINGBIRD LANES
4-7 PM	DINNER		EXHIBIT HALL A	CONV CTR
6:00 PM	CHECKERS TOURNAMENT		ROOMS 215-216	CONV CTR
6-7 PM	EDUCATION SESSION	HEALTH COACHING*	ROOM 214	CONV CTR
6-8 PM	GOLF BAG DROP OFF	OUTSIDE BY 10TH STREET ENTRANCE		CONV CTR

*See page 4 for a description of the education session and athlete forums

**Awards to be given on-site at conclusion of event.

TUESDAY, Aug. 11

5:30-8:30 AM	BREAKFAST		EXHIBIT HALL A	CONV CTR
8:00 AM	GOLF			RIVERSIDE PARK
	AIR RIFLE		BALLROOMS A & B	CONV CTR
	BOWLING	60-64		MOCKINGBIRD LANE
	CYCLING 1/2 MILE	70-74, 75-79, 80-84, 85+	NORTH 10TH STREET	CONV CTR
	HORSESHOES**	ALL WHEELCHAIR AGES	EXHIBIT HALL B	CONV CTR
	SHUFFLEBOARD**	ALL VI AGES	EXHIBIT HALL C	CONV CTR
9:00 AM	3-ON-3 BASKETBALL (EXHIBITION SPORT)		EXHIBIT HALL C	CONV CTR
10:00 AM	AIR RIFLE		BALLROOMS A & B	CONV CTR
	BOWLING	55-59		MOCKINGBIRD LANE
	CYCLING 1/2 MILE	55-59, 60-64, 65-69	NORTH 10TH STREET	CONV CTR
	HORSESHOES**	85+	EXHIBIT HALL B	CONV CTR
	SHUFFLEBOARD**	85+	EXHIBIT HALL C	CONV CTR
10:30 AM-1:30 PM	LUNCH		EXHIBIT HALL A	CONV CTR
11:00 AM	HORSESHOES**	80-84	EXHIBIT HALL B	CONV CTR
	SHUFFLEBOARD**	80-84	EXHIBIT HALL C	CONV CTR
	3-ON-3 BASKETBALL (EXHIBITION SPORT)		EXHIBIT HALL C	CONV CTR
1-3 PM	AWARD CEREMONIES	BADMINTON, BOWLING: (W/C, VI, 80-84, 85+, 75-79, 70-74, 65-69)	FRONT LOBBY	CONV CTR
1:00 PM	HORSESHOES**	75-79	EXHIBIT HALL B	CONV CTR
	SHUFFLEBOARD**	75-79	EXHIBIT HALL C	CONV CTR
	3-ON-3 BASKETBALL (EXHIBITION SPORT)		EXHIBIT HALL C	CONV CTR
	EDUCATION SESSION	HEALTH RESOURCES*	ROOM 214	CONV CTR
2 PM	EDUCATION SESSION	HEALTH RESOURCES*	ROOM 214	CONV CTR
3:00 PM	HORSESHOES**	70-74	EXHIBIT HALL B	CONV CTR
	SHUFFLEBOARD**	70-74	EXHIBIT HALL C	CONV CTR
	EDUCATION SESSION	HEALTH RESOURCES*	ROOM 214	CONV CTR
4-7 PM	DINNER		EXHIBIT HALL A	CONV CTR
6-8 PM	VCS BINGO NIGHT	See Page 4 for Information	GRAND BALLROOM	CONV CTR

*See page 4 for a description of the education session and athlete forums

**Awards to be given on-site at conclusion of event.



WEDNESDAY, Aug. 12

5:30-8:30 AM	BREAKFAST		EXHIBIT HALL A	CONV CTR
8:00 AM	CYCLING ROAD RACE (EXHIBITION SPORT)			MILLER'S LANDING
	FIELD (DISCUS)	55-59		BURKE HS
	FIELD (JAVELIN)	70-74, 75-79, 80-84, 85+		BURKE HS
	FIELD (SHOTPUT)	60-64, 65-69		BURKE HS
	HORSESHOES**	ALL VI AGES	EXHIBIT HALL B	CONV CTR
	SHUFFLEBOARD**	ALL WHEELCHAIR AGES	EXHIBIT HALL C	CONV CTR
10:00 AM	FIELD (DISCUS)	70-74, 75-79, 80-84, 85+		BURKE HS
	FIELD (JAVELIN)	60-64, 65-69		BURKE HS
	FIELD (SHOTPUT)	55-59		BURKE HS
	HORSESHOES**	60-64	EXHIBIT HALL B	CONV CTR
	SHUFFLEBOARD**	60-64	EXHIBIT HALL C	CONV CTR
10:30 AM-1:30 PM	LUNCH		EXHIBIT HALL A	CONV CTR
11:00 AM	FIELD (DISCUS)	60-64, 65-69		BURKE HS
	FIELD (JAVELIN)	55-59		BURKE HS
	FIELD (SHOTPUT)	70-74, 75-79, 80-84, 85+		BURKE HS
1-3 PM	AWARD CEREMONIES	CYCLING, BOWLING (55-59, 60-64), GOLF, FIELD, AIR RIFLE	FRONT LOBBY	CONV CTR
1:00 PM	HORSESHOES**	65-69	EXHIBIT HALL B	CONV CTR
	SHUFFLEBOARD**	65-69	EXHIBIT HALL C	CONV CTR
3-4PM	ATHLETE FORUM	BREAKOUT GROUP 1	ROOM 214	CONV CTR
3:00 PM	HORSESHOES**	55-59	EXHIBIT HALL B	CONV CTR
	SHUFFLEBOARD**	55-59	EXHIBIT HALL C	CONV CTR
4-5 PM	ATHLETE FORUM	BREAKOUT GROUP 2	ROOM 214	CONV CTR
4-7 PM	DINNER		EXHIBIT HALL A	CONV CTR
6:00 PM	CLOSING CEREMONY & AFTER PARTY	See Page 4 for Information	GRAND BALLROOM	CONV CTR

THURSDAY, Aug. 13

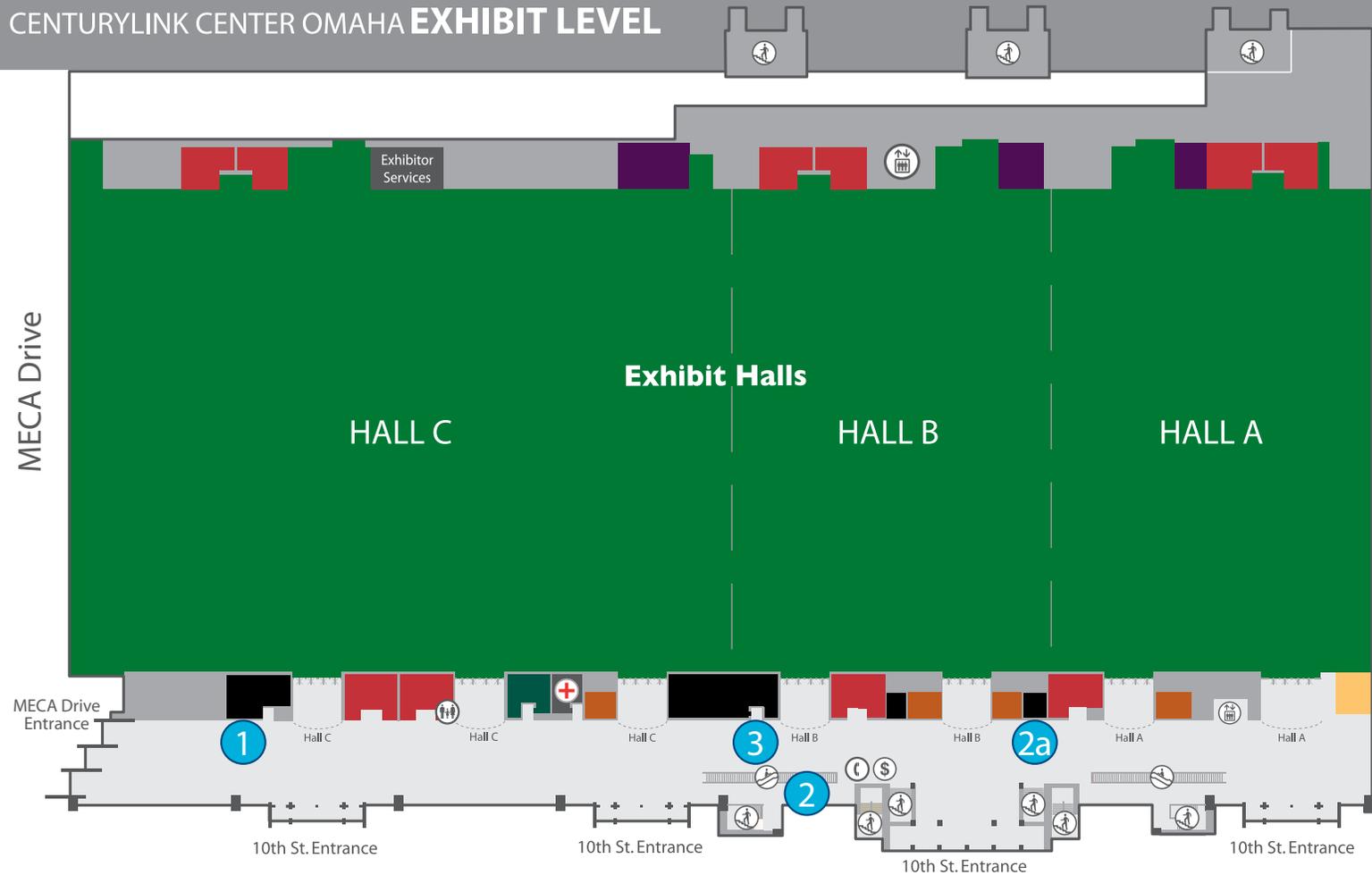
ALL DAY	DEPARTURES			OMA AIRPORT
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***Awards to be given on-site at conclusion of event.*



The Century Link Center Omaha

MAIN FLOOR



- 1 Volunteer Registration**
- 2 Award Ceremonies** *(See schedule for events and times)*
- 2a Event Results & Award Pick-Up: SHOW OFFICE A-102**
(Pick up your award if you missed your medal ceremony)
- 3 Medical Suite & Wheelchair Repair: SHOW OFFICE C-105**
Aug. 8 -12; Hours: 6 a.m. to 8 p.m.
Hilton Omaha Medical Suite & Wheelchair Repair:
ROOM 3034 August 7-13; Hours: 7:30 p.m. to 8 a.m.
- 4 Athlete Meals & Hospitality Room: EXHIBIT HALL A**
(See schedule for meal times, and page 5 for information)

	ESCALATORS		RESTROOMS
	STAIRS		JAVA[dot]COM - VENDING WIRELESS HOTSPOT
	FIRST AID		CONCESSIONS
	TELEPHONE		TICKET OFFICE
	FAMILY RESTROOM		SHOW OFFICE
	ELEVATORS		AV OFFICE
	ATM		

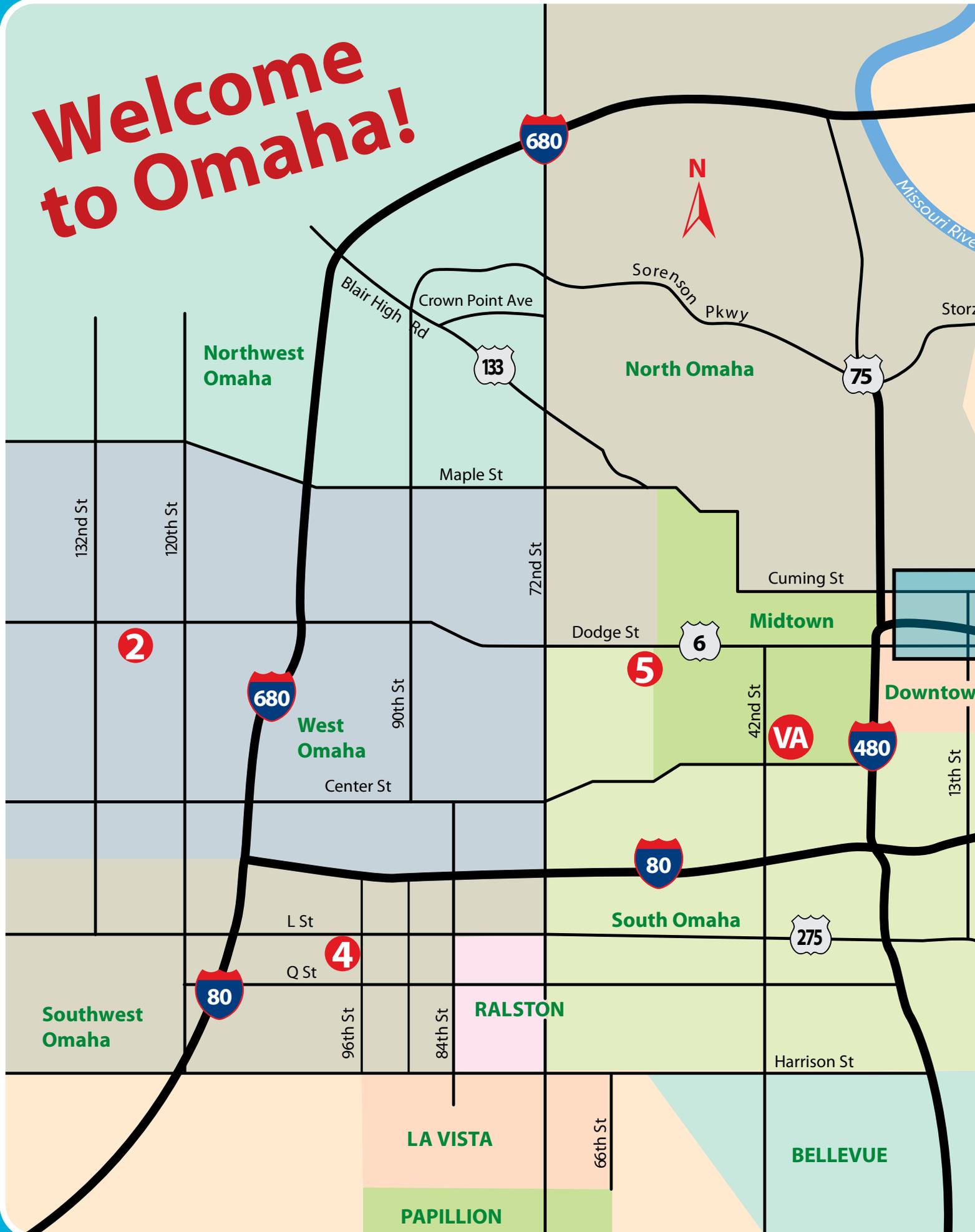
SECOND FLOOR



- 5 Command Center & Lost and Found: MEETING ROOM 210**
- 6 Wall of Heroes**
- 7 Skywalk to Hilton Omaha**
- 8 To Opening Ceremony: ARENA** (See page 4 for Information)
- 9 Ak-Sar-Ben Terrace**
Outdoor terrace overlooking the Missouri River and Lewis & Clark Landing (Smoking permitted)
- 10 Athlete Education Sessions & Forums: MEETING ROOM 214**
(See schedule for topics and page 4 for information)
- 11 Closing Ceremony & After Party: GRAND BALLROOM**
(See page 4 for information)

	ESCALATORS		RESTROOMS
	STAIRS		COAT CHECK
	ELEVATORS		WIRELESS HOTSPOT
	FAMILY RESTROOM		

Welcome to Omaha!



Northwest Omaha

North Omaha

West Omaha

Midtown

Downtown

Southwest Omaha

South Omaha

RALSTON

LA VISTA

PAPILLION

BELLEVUE



2

4

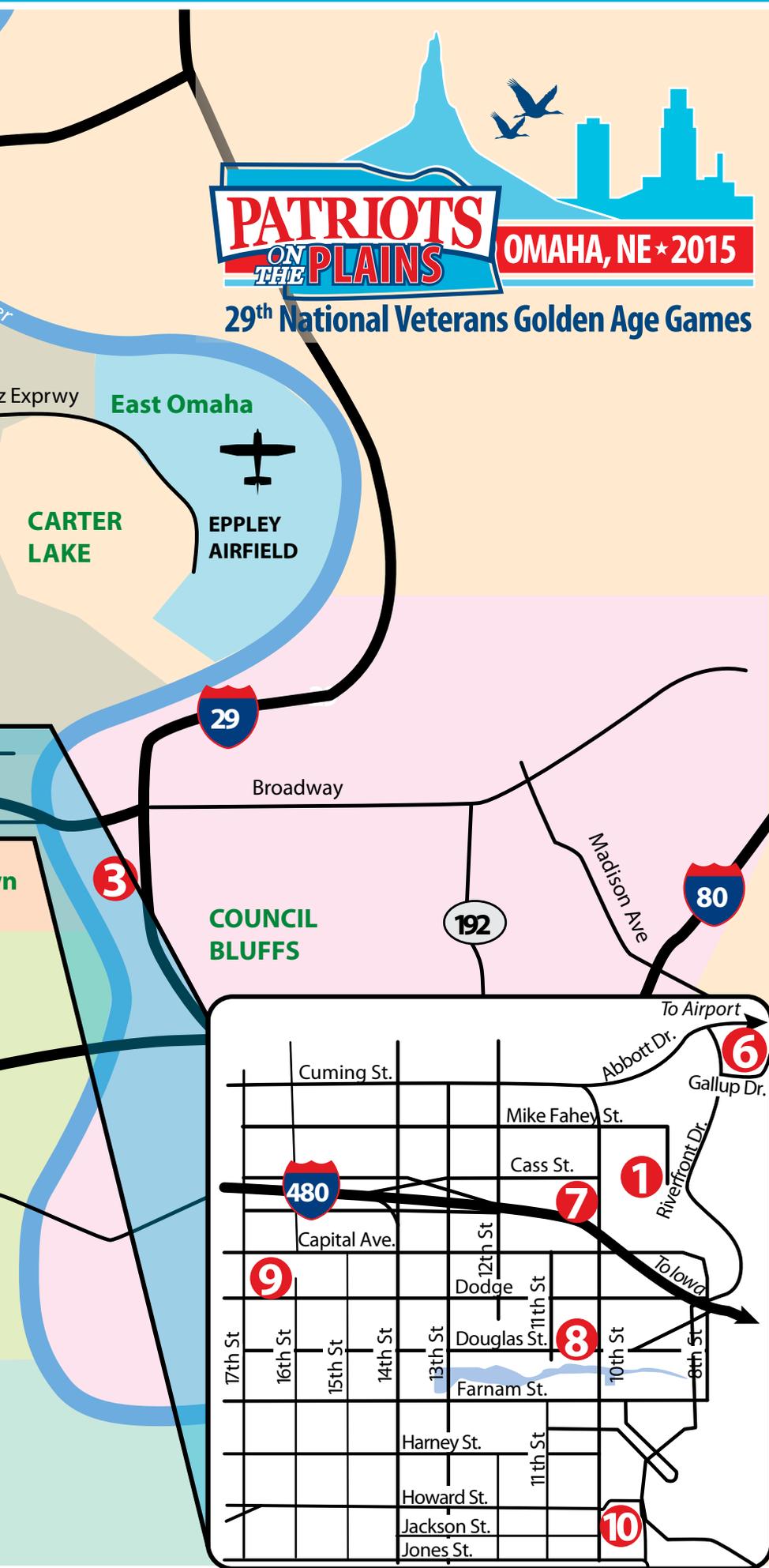
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VA

PATRIOTS ON THE PLAINS

OMAHA, NE ★ 2015

29th National Veterans Golden Age Games



2015 Golden Age Games Official Sporting Venues

- 1 CenturyLink Center Omaha**
455 North 10th Street
Omaha, NE 68102
Air Rifle, Basketball, Blind Disc Golf, Boccia, Checkers, Cycling, Dominoes, Horseshoes, Nine Ball, Racquetball, Shuffleboard, Table Tennis, Opening Ceremonies, Closing Ceremonies
- 2 Burke High School**
12200 Burke Street
Omaha, NE 68154
Field, Track
- 3 Dodge Riverside Golf Club**
2 Harrah's Boulevard
Council Bluffs, IA 51501
Golf
- 4 Mockingbird Lanes**
4870 South 96th Street
Omaha, NE 68127
Bowling
- 5 University of Nebraska Omaha-HPER Building**
6001 Dodge Street
Omaha, NE 68182
Badminton, Swimming
- 6 Miller's Landing**
151 Freedom Park Rd
Omaha, NE 68102
Exhibition Road Race
- 7 Hilton Omaha**
1001 Cass Street
Omaha, NE 68102
- 8 Hilton Garden Inn Omaha**
1005 Dodge Street
Omaha, Nebraska, 68102
- 9 Doubletree by Hilton Omaha Downtown**
1616 Dodge Street
Omaha, Nebraska 68102
- 10 Embassy Suites Omaha**
555 South 10th Street
Omaha, Nebraska, 68102

Driving Directions to Off-Site Venues

Burke High School

Directions from the Century Link Center

- Head north on N 10th St toward Meca Dr (0.1 mi)
- Turn left onto Mike Fahey St (0.2 mi)
- Turn left onto N 13th St (0.1 mi)
- Use the right 2 lanes to turn right onto the I-80 W/I-480 W ramp (0.3 mi)
- Merge onto I-480 W (2.9 mi)
- Use the right 3 lanes to take exit 452C to merge onto I-80 W toward Lincoln (6.7 mi)
- Use the right 3 lanes to take exit 446 for I-680 N (0.8 mi)
- Continue onto I-680 E (1 mi)
- Use the 2nd from the right lane to take exit 2 for Pacific St (0.2 mi)
- Turn left onto Pacific St (0.9 mi)
- Turn right onto S 120th St (0.8 mi)
- Turn left onto Burke St., *Destination will be on the right (Tobacco-free zone, no smoking on*

Dodge Riverside Gold Club

Directions from the Century Link Center

- Head north on N 10th St toward Meca Dr
- Get on I-480 (0.8 mi)
- Turn left onto Mike Fahey St (0.3 mi)
- Turn left onto N 14th St (0.2 mi)
- Turn left onto the I-480 E ramp to I-29 (0.3 mi)
- Continue on I-480 to Council Bluffs. Take exit 53A from I-29 S (1.7 mi)
- Merge onto I-480 Entering Iowa (0.8 mi)
- Use the right lane to take the Interstate 29 S exit toward Kansas City (0.4 mi)
- Merge onto I-29 S (0.2 mi)
- Take exit 53A toward 9th Ave/Harrah's Blvd/Riverboat Casino (0.2 mi)
- Continue on 9th Ave/Harveys Blvd. Drive to Harrah's Blvd (0.3 mi)
- Turn right onto 9th Ave/Harveys Blvd (0.2 mi)
- Turn right onto Harrah's Blvd

Mockingbird Lanes

Directions from the Century Link Center

- Head north on N 10th St toward Meca Dr (0.1 mi)
- Turn left onto Mike Fahey St (0.2 mi)
- Turn left onto N 13th St (0.1 mi)
- Use the right 2 lanes to turn right onto the I-80 W/I-480 W ramp (0.3 mi)
- Continue on I-480 W. Take I-80 W to S 84th St. Take exit 448 from I-80 W (7.7 mi)
- Merge onto I-480 W (2.9 mi)
- Use the right 3 lanes to take exit 452C to merge onto I-80 W toward Lincoln (4.5 mi)
- Use the right 2 lanes to take exit 448 for 84th Street (0.3 mi)
- Continue on S 84th St. Take L St to S 96th St (2.1 mi)
- Use any lane to turn left onto S 84th St (0.9 mi)
- Turn right onto L St (1 mi)
- Turn left onto S 96th St., *Destination will be on the right*

University of Nebraska Omaha (HPER Building)

Directions from the Century Link Center

- Head south on N 10th St (0.3 mi)
- Turn right onto Dodge St (4.5 mi)
- Get into the clear right turn lane to turn left onto University of Neb at Omaha Rd (469 ft)
- Continue onto University of Neb at Omaha Rd
Destination will be on the right
- Park either in the top level of the parking garage or in the lower level of parking garage. Lot B is also open for Golden Age Game Participants.

Miller's Landing

Directions from the Century Link Center

- Head north on N 10th St toward Meca Dr (0.3 mi)
- Turn right onto Abbott Dr (0.6 mi)
- Turn right onto Gallup Dr (443 ft)
- Turn left onto Freedom Park Rd
Destination will be on the right

Transportation Schedule

Saturday, August 8		1 st Shuttle Load	1 st Shuttle Leaves	Duration	Last Departure	
Arrivals	Loop from Airport to Hotels	8:15 AM	8:30 AM	Every 20 minutes	10:00 PM	
Registration	Loop from Hotels to Century Link	8:45 AM	9:00 AM	Every 20 minutes	8:00 PM	
Sunday, August 9		1 st Shuttle Load	1 st Shuttle Leaves	Arrival Time	During Venue	Last Departure
Breakfast	Loop from Hotels to Century Link	5:00 AM	5:15 AM	5:30 AM	Every 20 minutes	8:00 PM
Venues at the Century Link Track	Loop from Hotels to Century Link	Shuttles will run from hotels in a loop from 5 AM to 8 PM every 20 mins daily				
	Loop from Century Link to Burke High School	6:00 AM	6:15 AM	6:00 -6:30 AM	Every 20 minutes	2:00 PM
Monday, August 10		1 st Shuttle Load	1 st Shuttle Leaves	Arrival Time	During Venue	Last Departure
Breakfast	Loop from Hotels to Century Link	5:00 AM	5:15 AM	5:30 AM	Every 20 minutes	8:00 PM
Venues at the Century Link	Loop from Hotels to Century Link	Shuttles will run from hotels in a loop from 5 AM to 8 PM every 20 mins daily				
Wheelchair Bowling	Loop from Century Link to Mockingbird Lanes	6:00 AM	6:15 AM	6:30 -7:00 AM	Every 20 minutes	4:00 PM
Visually Impaired Bowling	Loop from Century Link to Mockingbird Lanes	7:00 AM	7:15 AM	7:30 -8:00 AM	Every 20 minutes	4:00 PM
Ambulatory Bowling 80-84, 85+	Loop from Century Link to Mockingbird Lanes	8:30 AM	8:45 AM	9:00 -9:30 AM	Every 20 minutes	4:00 PM
Ambulatory Bowling 75-79	Loop from Century Link to Mockingbird Lanes	9:30 AM	9:45 AM	10:00 -10:30 AM	Every 20 minutes	4:00 PM
Ambulatory Bowling 70-74	Loop from Century Link to Mockingbird Lanes	11:30 AM	11:45 AM	12:00 -12:30 PM	Every 20 minutes	4:00 PM
Ambulatory Bowling 65-69	Loop from Century Link to Mockingbird Lanes	12:00 PM	12:15 PM	1:30 -2:00 PM	Every 20 minutes	4:00 PM
Badminton-All Ages	Loop from Century Link to UNO	6:15 AM	6:30 AM	6:30 -7:00 AM	Every 20 minutes	5:00 PM
Swimming	Loop from Century Link to UNO	6:15 AM	6:30 AM	6:30 -7:00 AM	Every 20 minutes	1:30 PM
Tuesday, August 11		1 st Shuttle Load	1 st Shuttle Leaves	Arrival Time	During Venue	Last Departure
Breakfast	Loop from Hotels to Century Link	5:00 AM	5:15 AM	5:30 AM	Every 20 minutes	8:00 PM
Venues at the Century Link	Loop from Hotels to Century Link	Shuttles will run from hotels in a loop from 5 AM to 8 PM every 20 mins daily				
Golf-All Ages	*No Loop During Event	6:00 AM	6:15 AM	6:30 -7:00 AM	NONE	After Event
Ambulatory Bowling 60-64	Loop from Century Link to Mockingbird Lanes	6:00 AM	6:15 AM	6:30 -7:00 AM	Every 20 minutes	4:00 PM
Ambulatory Bowling 55-59	Loop from Century Link to Mockingbird Lanes	8:00 AM	8:15 AM	8:30 -9:00 AM	Every 20 minutes	4:00 PM
Wednesday, August 12		1 st Shuttle Load	1 st Shuttle Leaves	Arrival Time	During Venue	Last Departure
Breakfast	Loop from Hotels to Century Link	5:00 AM	5:15 AM	5:30 AM	Every 20 minutes	8:00 PM
Venues at the Century Link	Loop from Hotels to Century Link	Shuttles will run from hotels in a loop from 5 AM to 8 PM every 20 mins daily				
Cycling-Road Race	Loop from Century Link to Millers Landing	6:00 AM	6:15 AM	6:00 -6:30 AM	NONE	5:45 PM
Discus 55-59	Loop from Century Link to Burke High School	6:00 AM	6:15 AM	6:30 -7:00 AM	Every 20 minutes	4:00 PM
Discus 70-74, 75-79, 80-84, 85+	Loop from Century Link to Burke High School	8:00 AM	8:15 AM	8:30 -9:00 AM	Every 20 minutes	4:00 PM
Discus 60-64, 65-69	Loop from Century Link to Burke High School	9:00 AM	9:15 AM	9:30 -10:00 AM	Every 20 minutes	4:00 PM
Javelin 70-74, 75-79, 80-84	Loop from Century Link to Burke High School	6:00 AM	6:15 AM	6:30 -7:00 AM	Every 20 minutes	4:00 PM
Javelin 60-64, 65-69	Loop from Century Link to Burke High School	8:00 AM	8:15 AM	8:30 -9:00 AM	Every 20 minutes	4:00 PM
Javelin 70-74, 75-79, 80-84	Loop from Century Link to Burke High School	9:00 AM	9:15 AM	9:30 -10:00 AM	Every 20 minutes	4:00 PM
Saturday, August 13		1 st Shuttle Load	1 st Shuttle Leaves	Arrival	Duration	Last Departure
Departures	Loop from Hotels to Airport	3:00 AM	3:15 AM	3:30 AM	Every 20 minutes	4:00 PM



THE SECRETARY OF VETERANS AFFAIRS
WASHINGTON

July 23, 2015

A MESSAGE FROM THE SECRETARY OF VETERANS AFFAIRS

On behalf of the Department of Veterans Affairs (VA), welcome to Omaha, Nebraska, and the 29th National Veterans Golden Age Games.

Our commitment at VA is to honor your service and the sacrifices you have made for our freedom by providing you with the care and resources you need to be your best.

For nearly three decades, these games have served to recognize the abilities and achievements of our Nation's Veterans ages 55 years and older, and many of the events you will participate in this week began as recreational activities at VA hospitals and nursing home care units across the country.

Your participation here is an example of your continued spirit of service and the accomplishments of older Americans experiencing the benefits of activity and fitness.

I offer a special thanks to the volunteers, VA employees, community partners and staff of the VA Nebraska-Western Iowa Health Care System for making this event possible.

And I extend my sincerest gratitude to our national co-sponsor, the Veterans Canteen Service, for the hard work, and generous financial support they provide to the games each and every year.

Best wishes to all for an exciting week filled with wonderful memories and new goals for the future.

Sincerely,

A handwritten signature in blue ink that reads "Robert A. McDonald".

Robert A. McDonald



THE OFFICE OF NATIONAL VETERANS SPORTS PROGRAMS & SPECIAL EVENTS
WASHINGTON D.C.

July 24, 2015

WELCOME FROM THE DIRECTOR

Welcome to Omaha! It is a privilege and honor to have you here this week.

Thanks to the hard work and dedication of many people, we have prepared an exciting week of competition and activities. We hope these efforts inspire a dedication to healthy living and activity and a desire to seek out continued opportunities available in your local community when you return home. We will do whatever we can to make sure this week's experience exceeds your expectations.

At VA, we know how participating in sports and activities can be good for physical and mental health. The thrill of competition and exercise can awaken confidence and motivation to accomplish goals that had been previously unimaginable. Through its sports and exercise programs and healthy living initiatives, VA continues a long history of providing Veterans with opportunities to stay active, healthy and involved.

I'd also like to take this opportunity to acknowledge the commitment of all the staff and volunteers from the Department of Veterans Affairs and the Veterans Canteen Service, as well as the Omaha community and all of our sponsors. I'd like to thank this team for truly being committed to making sure this is the best possible event you attend.

Thank you all for your service, and thank you for participating. Live healthy, stay active, challenge yourself this week and continue to live your life to the fullest.

Sincerely,

A handwritten signature in black ink that reads "Carla Carmichael".

Carla Carmichael
Director,
National Veterans Golden Age Games



DEPARTMENT OF VETERANS AFFAIRS
Veterans Canteen Service
Central Office
#1 Jefferson Barracks Rd., Bldg. 25
St Louis MO 63125-4194

In reply refer to: VCSCO

July 2015

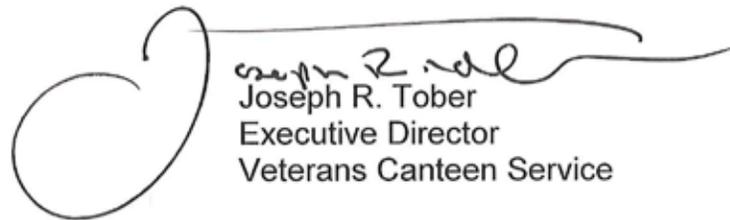
The Veterans Canteen Service (VCS) family is honored to be co-sponsor for the 29th National Veterans Golden Age Games (NVGAG). This opportunity reaffirms our unwavering support to the VA's rehabilitation events, especially the 2015 NVGAG's.

VCS operates retail stores, cafes, coffees shops and vending programs in VA medical centers, community outpatient clinics and other VA entities across the United States. We consider our motto "Benefits You've Earned, Service You Deserve" as the impetus for providing quality service and exceptional values to American heroes every day.

The VCS team looks forward to seeing our athlete's competitive drive and determination to achieve excellence. There is no greater role than promoting and contributing to a healthy and competitive lifestyle of our Veterans across the country.

On behalf of the VCS family, we salute you, thank you for your service and wish you good luck at this year's Golden Age Games!

Sincerely,



Joseph R. Tober
Executive Director
Veterans Canteen Service



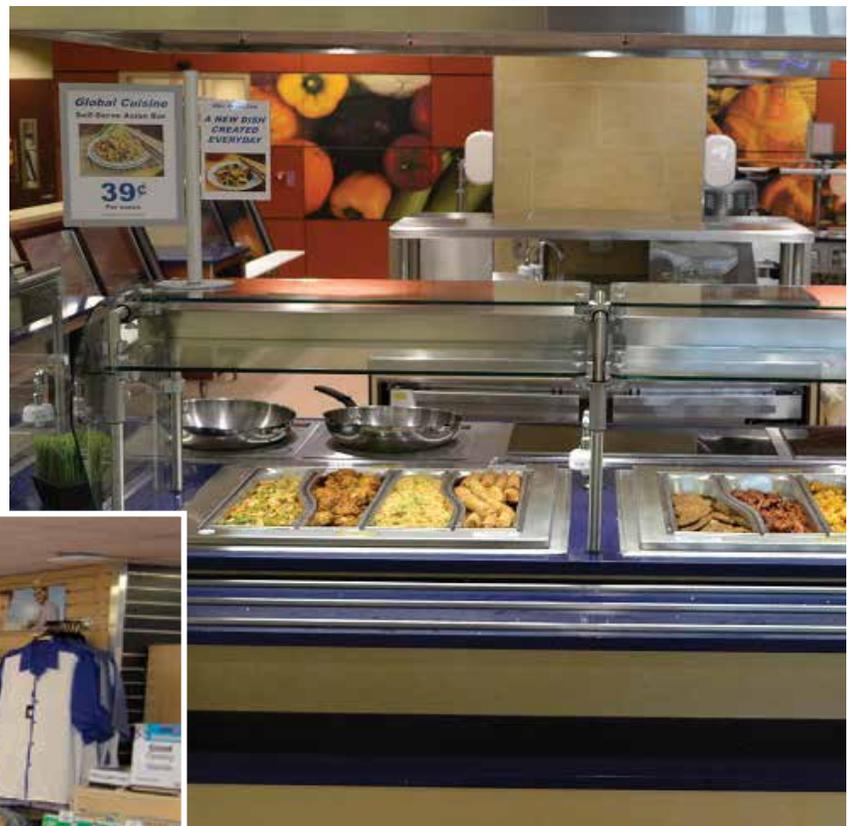


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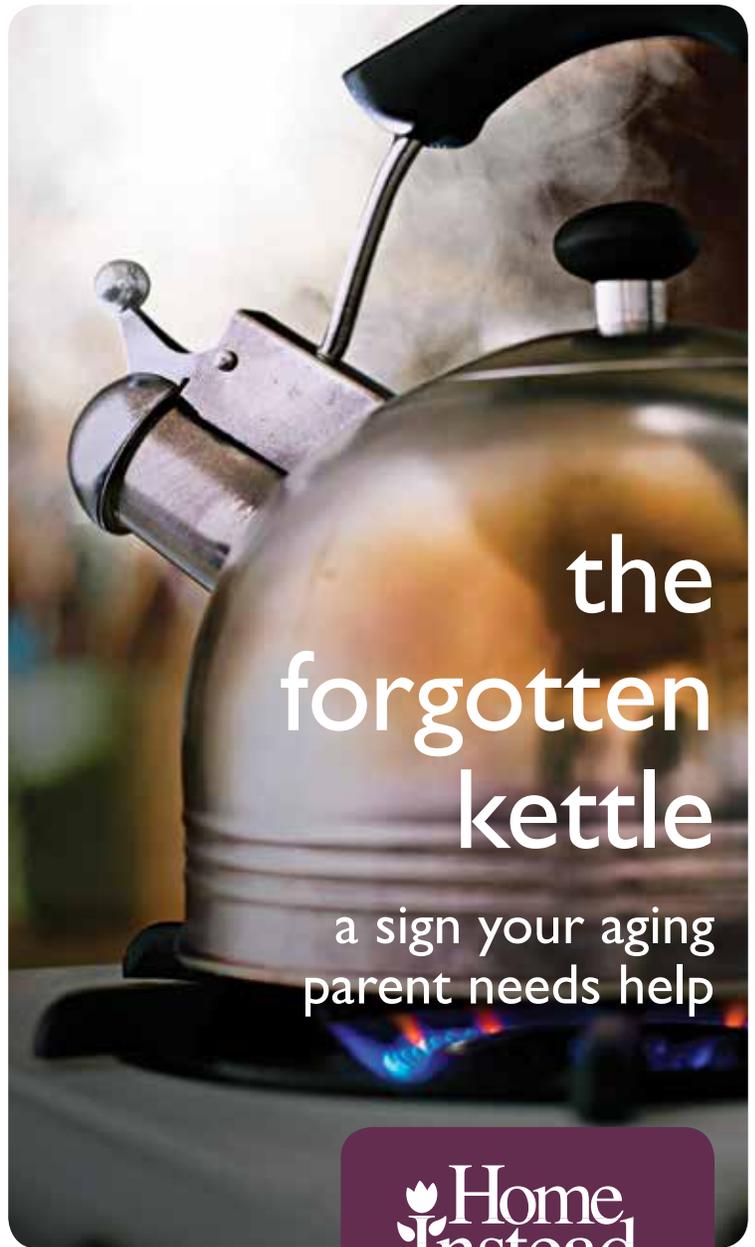
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The Local Organizing Committee of the
29th National Veterans Golden Age Games
would like to thank the

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Your site set-up support is
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Qualifying Procedures and Rules of Competition Governing the 2015 National Veterans Golden Age Games

Athlete Attire and Bibs

Athletes must wear their numbered bibs when competing in events. All events will start on time, and late arrivals may be disqualified. All athletes must wear athletic-type clothing and shoes that are customary for the sport in which they are competing. Street –type clothing and shoes that are inappropriate may cause disqualification. Head Officials have authorization to make this determination.

Tie Rule

In the event of a tie during a tournament (bracketed) event, athletes will be awarded duplicate medals.

**Bracketed events include: Badminton, Dominoes, Horseshoes, Nine Ball, Shuffleboard, and Table Tennis*

Protests

Any person desiring to make a protest with regard to any aspect of competition at the National Veterans Golden Age Games shall make such protest to the Head Official of the competition in question. All protests must be written and submitted to the Head Official of the event within 30 minutes of the conclusion of the game, match, heat, or event under protest. Official's decisions and judgment calls, may not be protested.

Appeals

If a response to a protest is such that a further hearing is desired. A appeal will be made to the Games Committee. All decisions by the NVGAG Games Committee are final and not subject to further appeal.

Disqualifications

National Officials have the right to disqualify any athlete from competition. The athlete will forfeit the right to any awards for:

- Unsportsmanlike conduct or tactics detrimental to the competition
- Inappropriate uniform
- Non-compliance to the rules of the specific event, as outlined in this Rulebook.

Default during Competition

- Athletes that forfeit during tournament play rounds shall not be permitted to advance to the championship or consolation brackets except where such a forfeit is the result of a verified medical reason, or a good-faith effort was made to compete. Verification by a member of the NVGAG medical staff of an athlete's injury and capability to continue must be submitted to and subsequently approved by the event's Head Official and the National Head Official prior to the athlete being permitted to continue. A good-faith effort to compete will be determined by the event's Head Official and the National Head Official.
- Athletes that forfeit during championship or consolation play shall not be eligible for awards except where such forfeit is the result of a verified medical condition, or a good-faith effort was made to compete, and does not result in a Did Not Finish under NVGAG or NGB rules. Their award spot will be left open and subsequent places will not be moved up. Verification by a member of the NVGAG medical staff of the athlete's injury must be provided to and subsequently approved by the event's Head Official and the National Head Official prior to receipt of any awards.
- Suggestions for rules changes in future NVGAG may be made in writing to the NVGAG Program Director up to 30 days after the 2014 National Veterans Golden Age Games. NVGAG rules are reviewed and approved by the NVGAG National Advisory Council and are published via www.veteransgoldenagegames.va.gov

National Governing Body Rules

- All sports/events shall be governed by the rules of the NGB for that sport. The NVGAG has modified some of the rules in the best interest of the participants.
- Any modifications to the rules, based on an athlete's disability, may be requested and are subject to the discretion of the event's Head Official.
- Visually impaired athletes with a corrected vision of 20/200 or less will be allowed to enter the Visually Impaired events. This must be verified and documented at the time of registration by a qualified VA Visual Impairment Service Team (VIST) Coordinator. These athletes will compete in separate divisions for Bowling, Horseshoes and Shuffleboard.
- Wheelchair modifications will be made for athletes that are restricted to the use of a wheelchair for competition, and will compete in separate divisions for Bowling, Horseshoes, Nine Ball, Shuffleboard, and Table Tennis. *Note –If athletes utilize a scooter they must adhere to the modification of the rules for wheelchair users, i.e. feet may not touch the floor during competition.



Xerox takes great pride in our ability to support our Veterans at the National Veterans Golden Age Games.

Good Luck!



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