

# NEWS RELEASE

VA



U.S. Department of Veterans Affairs  
Veterans Health Administration:  
Nebraska-Western Iowa Health Care System

**Veterans Affairs Veteran Wellness Fair  
Scheduled For September 21 at  
Lincoln VA Clinic Campus**

**Released by  
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FOR IMMEDIATE RELEASE

OMAHA, Neb. – Lincoln-area Veterans and their families are invited to spend a September morning focusing on their health when the VA Nebraska-Western Iowa Health Care Systems hosts a special Veterans Health Fair at the VA's Community-Based Outpatient Clinic in Lincoln, Saturday, Sept. 21, from 9 a.m. until noon.

The event is designed to help area Veterans learn more about the many different health care services currently offered by the VA Nebraska-Western Iowa Health Care System while also receiving important information about such subjects as smoking/tobacco cessation, health coaching and partners, women's health, suicide prevention, optometry, nutrition, and many more.

Veterans will also be able to receive blood pressure and foot checks, and body mass indication (BMI) calculations and participate in Yoga and Tai Chi classes now offered by the VA Nebraska-Western Iowa Health Care System's Whole Health staff.

The Veterans Health Fair will be centered at the Lincoln Community-Based Outpatient Clinic's auditorium. The Lincoln VA clinic is located at 600 South 70<sup>th</sup> Street.

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Note: The media is invited to cover the Veterans Health Fair on Sept. 21, at the VA Nebraska-Western Iowa Health Care System's clinic in Lincoln. Additionally, we would greatly appreciate the media's assistance in helping inform area Veterans and their families about the event. To assist, we have created a Public Service Announcement that can be downloaded here:

<https://www.flickr.com/photos/182889810@N02/48644079727/in/album-72157710510986552/>

An audio version of this file can be downloaded here:

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