



NEWS RELEASE

FOR IMMEDIATE RELEASE:

Veterans Affairs to host Community Book Club, Oct. 23

Program promotes healthy living through communication

OMAHA, Neb., Oct. 21, 2013 — A community book club is being hosted at 7:30 p.m. Wednesday at the Department of Veterans Affairs Nebraska-Western Iowa Health Care System Community-Based Outpatient Clinic, 600 S. 70th St, Lincoln, Neb., in Room 107.

This month's club will review *The Yellow Birds* by Kevin Powers.

Future book groups will meet at 7:30 p.m. on the dates listed below. Books will be provided.

- Dec. 11, *The Guns at Last Light: The War in Western Europe*, parts 1 and 2, by Rick Atkinson
- Jan. 22, 2014, *The Guns at Last Light: The War in Western Europe*, parts 3 and 4

The club is open to anyone.

The book clubs are designed to promote a healthy lifestyle as part of the VA's patient-centered care approach that focuses on the whole person's well-being.

###

About VA Nebraska-Western Iowa Health Care System

The VA Nebraska-Western Iowa Health Care System's mission is to honor America's Veterans by providing exceptional health care that improves their health and well-being. VA NWIHCS employees serve more than 161,000 Veterans in Nebraska, western Iowa and portions of Kansas and Missouri. The system includes a tertiary medical center in Omaha and a Community Living Center in Grand Island, Neb. Community-based outpatient clinics are located in Lincoln, Grand Island, North Platte, Norfolk, and Bellevue, Neb., and Shenandoah, Iowa; and a contract outreach clinic in O'Neill, Neb. For more information, visit <http://www.nebraska.va.gov>

For further information, contact:

Will Ackerman – Public Affairs Officer, VA Nebraska-Western Iowa Health Care System

Office: 402-995-4719; Cell: 402-332-6780

E-mail: William.ackerman@va.gov

Twitter: <http://twitter.com/VANWIHCS>

Facebook: <http://www.facebook.com/NebraskalowaVA>