

NEWS RELEASE



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FOR IMMEDIATE RELEASE:

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2K Event to Support Homeless Veterans, Promote VA Employee Wellness

OMAHA, Neb. — The Department of Veterans Affairs (VA) health care facilities in Nebraska are hosting a 2K Walk and Roll event June 2 from 11 a.m. to 1 p.m. in support of employee wellness month. The event will also encourage employee and local community support of homeless Veterans.

Employees will participate at the following VA Nebraska-Western Iowa Health Care System (NWIHCS) facilities: Omaha medical center, Grand Island and Lincoln clinics.

The event is being held at 130 VA facilities nationwide.

“Worksite wellness activities enhance employee engagement and contribute to a more productive and healthy workforce,” said Nancy Gregory, Acting Director, VA NWIHCS. “These 2K Walk and Roll events are an excellent way to highlight the importance of physical activity in maintaining a healthy lifestyle, and help homeless Veterans get the assistance they need.”

While there is no registration fee, employees and volunteers participating in the event are asked to donate to support homeless Veterans.

VA’s employee wellness program is known as WIN (Wellness Is Now). WIN empowers employees with the knowledge, skills and tools they need to create a culture of health and wellness. Further, the group encourages employees to use their appreciation of wellness to inspire Veterans to live healthier lifestyles.

WIN integrates traditional occupational safety and health programs with health promotion activities, addressing both workplace and worker health. Through this program staff find opportunities to embrace healthy and positive lifestyle choices that sustain and improve their own health, reduce preventable injuries and illnesses, reduce absenteeism and enable them to do their important work of serving the Nation’s Veterans.

The VA Nebraska-Western Iowa Health Care System proudly serves more than 167,660 veterans in Nebraska, western Iowa and portions of Kansas and Missouri. Omaha’s medical center is an inpatient facility and also a large outpatient clinic for primary and specialty care. The Community Living Center is in Grand Island. There are community-based outpatient clinics in Lincoln, Grand Island, North Platte, Holdrege, Norfolk, Bellevue and Shenandoah, Iowa. For more information, visit <http://www.nebraska.va.gov>.

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