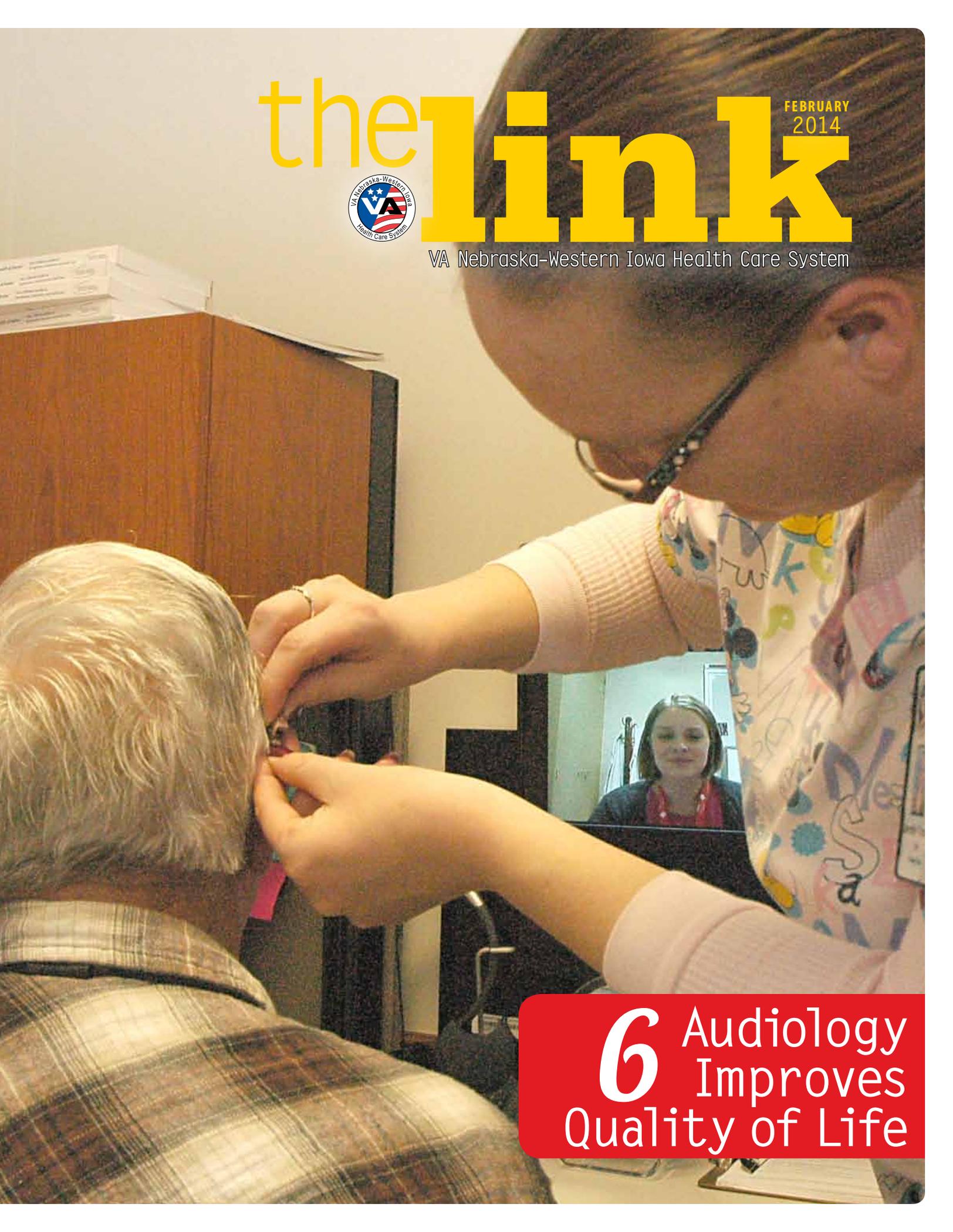


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FEBRUARY  
2014



VA Nebraska-Western Iowa Health Care System



**6** Audiology  
Improves  
Quality of Life



**Every day at VA Nebraska-Western Iowa Health Care System, our dedicated employees work to meet our mission: Honoring Veterans, Empowering Health.**

During National Salute to Veteran Patients Week in February each year, the Secretary of Veterans Affairs encourages the community to join us to show appreciation to our Veterans.

I invite individuals, community organizations, schools, and businesses to join us in the National Salute Feb. 10 to 16. A long-standing tradition that you can participate in is Valentines for Veterans. You or your organization can create Valentines cards and write a personal message to "any Veteran." We will then distribute these to Veterans who we serve within our health care clinics.

This special week is also an opportunity where you can stop in and learn how to show your appreciation throughout the year by becoming a part of our Volunteer Services community. Our volunteers donate thousands of hours each year, or a few if that is all you have to spare, to help in many areas within our facilities.

I encourage you or your organization to contact our Voluntary Services offices to learn more about these opportunities to participate in Valentines for Veterans, arrange a personal or small-group visit, or become a volunteer. Read the story on page 4 for more information.

**On behalf of the VA, thank you for honoring our American Veterans.**

*Marci Mylan*

**DIRECTOR AND PUBLISHER**  
Marci Mylan, Ph.D., MHA

**PUBLIC AFFAIRS OFFICER**  
Will Ackerman

**THE LINK EDITORIAL STAFF**  
**Editor** | Will Ackerman  
**Photographer** | Bruce Thiel  
**Designer** | Becky Brown

FACT: LAST YEAR ALONE (FISCAL YEAR 2013) THE DEPARTMENT OF VETERANS AFFAIRS WAS ABLE TO HELP MORE THAN 42,000 HOMELESS VETERANS FIND PERMANENT HOUSING.

Cover: Michele Gortemaker, Au. D, VA NWHCS Audiology and Speech Pathology Services chief, talks to Veteran Wiley Wentling through a tele-audiology system while Jennifer Trompke, LPN, helps adjust a hearing aid. Gortemaker was at the Omaha VA Medical Center; Wentling and Trompke were at the Holdrege community-based outpatient clinic. Photo by Will Ackerman



# the link

## CONTENTS

“Working in a small CBOC, I am not just serving Veterans, I am serving friends and neighbors. As a VA employee, I have gained a greater understanding and appreciation of how our patients have served our country, the sacrifices they have made and how it has affected their lives. I consider working for them a small repayment for what they have done.”

Linda Mattson, RN | Nurse Supervisor | Holdrege Clinic



Meet an Employee | Saluting Veterans



Preventing Infections



Audiology Helps Veterans Hear What They Have Been Missing



Women's Health a Priority for VA NWHCS



VA Views | VA Goes Red for Women



Omaha VA Seeks Homeless Veterans



This magazine is an authorized publication for VA Nebraska-Western Iowa Health Care System (VA NWHCS). Contents of The Link are not necessarily the official views of, or endorsed by, the U.S. government, or the Department of Veterans Affairs. The editorial content of this publication is the responsibility of the VA NWHCS Public Affairs Office.

### CONTACT US

Have a story idea? Call the VA NWHCS Public Affairs Office; Will Ackerman at 402-995-4719, Anna Morelock at 402-995-5547, or email vhanwipublicaffairs@va.gov.

VISIT US ONLINE  
Scan with your smart phone  
to view more issues of  
The Link online.



# meet

## michelle warner

Medical Support Assistant  
Norfolk CBOC



**Q:** How long have you worked at the VA?

**A:** I have been at the VA for 5 years.

**Q:** What does your job entail?

**A:** I work at the front desk and check patient's in, make appointments, take care of faxes, get schedule ready for the next day, order supplies, and anything else that needs to be done.

**Q:** What do you like best about your job?

**A:** I like that I get to work with so many different patients.

**Q:** When you are not at work, where can you be found?

**A:** When I am not working I am spending time with friends and family. 📞

# SALUTING VETERANS

During VA's National Salute to Veteran Patients Week

You can join VA's National Salute to Veteran Patients Week by joining in the "Valentines for Veterans" program. You can personally create a Valentine addressed to "any Veteran" or have your organization create Valentines to thank Veterans for their service. Valentines can be mailed or dropped off at one of the VA NWHCS facilities' Voluntary Services offices, who will distribute these to Veterans. Every citizen's personal thanks can make a positive difference in the life of a Veteran patient.

However, the love doesn't have to end on Valentine's Day. Many Veterans are coming to the Department of Veterans Affairs with special needs and challenges that require the hearts and hands of a new generation of VA volunteers. VA NWHCS invites citizens, young and old, to join in honoring VA's Veterans year-round by learning more about VA's volunteer program. 📞

Call Voluntary Services to schedule a personal or small group visit and learn how to join the VA's National Salute to Veteran Patients. For the Omaha VA Medical Center, call 800-451-5796 ext. 3283. For the Lincoln VA clinic, 866-851-6052 ext. 7938. For the Grand Island VA clinic and Community Living Center, call 866-580-1810 ext. 2146.

## NWHCS' NATIONAL SALUTE TO VETERANS EVENTS:

### OMAHA

Feb. 10, 10 a.m. to Noon,

Keyboard artist Bob Arsenault, fireplace by Blue Clinic

Feb 12, 10 a.m. to Noon, Bob Arsenault, by Blue Clinic

Feb. 13, 8 a.m. to 4 p.m., FREE Cookies, Lobby area near coffee shop

### GRAND ISLAND

Feb. 12, 2 p.m., Ice Cream Social, second floor recreation room

Feb. 13, Valentine banquet for Community Living Center residents

Feb. 14, 10 a.m.,

Visit by American Legion and Auxiliary, balloons and free refreshments

### LINCOLN

Feb. 13, 8 a.m. to 4 p.m., FREE Cookies, outpatient clinic area



DEPARTMENT OF VETERANS AFFAIRS

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and upcoming events

# U.V. technology HELPS CUT INFECTION

Will Ackerman | Public Affairs

**The newest members of the VA NWHCS infectious disease prevention team in Grand Island are MIA and SAL.**

However, MIA and SAL are not employees. They're portable room disinfecting systems that use ultraviolet (UV) light to disinfect rooms in the Grand Island Community Living Center and residential substance abuse treatment unit.

The systems, which look similar to robots, use pulse UV light to reach surfaces and destroy bacteria and bacterial spores without using chemicals.

“They don't replace our housekeepers. The light can reach crevices and surfaces where rags cannot.”

Dennis Hawkes, Supervisor  
Environmental Management Services | Grand Island VA



A new portable ultraviolet light system disinfects the VA NWHCS Grand Island Community Living Center Recreation Room.

▶ Although VA has a stringent cleaning and disinfecting process EMS performs, and patients with infectious diseases are placed in isolation rooms to prevent the spread of infections, the UV system adds another layer in the fight against disease spread. ▶

▶ On average, the system can kill 95 percent of bacteria or bacteria spores in a room within five minutes, according to its manufacturer.

Grand Island began using the two systems in November 2013. Four of the UV systems are scheduled to be implemented within the Omaha VA Medical Center this month, according to Bill Gaynor, chief, EMS. They will be initially deployed to the Emergency Department, Surgery Services and the Intensive Care Unit.

VA's goal is to achieve zero hospital-acquired infections, according to Peggy Ondracek, APRN, Grand Island infectious disease prevention. The systems have proven to be effective against bacteria that include deadly microorganisms that cause infections such as Methicillin-resistant Staphylococcus Aureus, Clostridium difficile and Norovirus.

Since the only risk from UV light exposure is skin and eye irritation if directly exposed, the system has sensors that detect motion to prevent accidental exposure. The UV light cannot penetrate glass, doors or plastic.

The use of the new systems has produced an additional benefit; it's increased discussion about disease prevention amongst Grand Island employees and patients.

“People are intrigued by the new systems, and there's a lot more talk about infections and prevention.”

Peggy Ondracek, APRN | Infectious Disease Prevention | Grand Island VA

A contest was held to name the systems. MIA (minimize infectious area) and SAL (save a life) were selected. Coral Selden, Grand Island Site Manager executive secretary, came up with both names. 🗣️

# AUDIOLOGY HELPS VETERANS HEAR WHAT THEY HAVE BEEN MISSING

Will Ackerman | Public Affairs

**L**oss of hearing is a common military service-connected condition. Many Veterans were exposed to loud noises around aircraft, machinery or weapon or mortar blasts.

Veterans also experience hearing loss because of exposure to other loud noises that include lawn mowers, power tools or loud music.

Fortunately, the VA offers an array of audiology and speech pathology services for Veterans eligible for health care services.

NWIHCS offers hearing tests at its Omaha VA medical center and Lincoln community-based outpatient clinic (CBOC). Hearing tests at the Grand Island CBOC are provided through a contract provider while renovations are completed. Grand Island's CBOC will resume in-house services once a new audiologist is hired, which is expected in the next few months. ▶

“We perform the initial hearing exam at Omaha, Lincoln or Grand Island to establish a baseline, because this is where we have testing booths with controlled environments.”

Michele Gortemaker, Au. D | Chief NWIHCS, Audiology and Speech Pathology Services



▶ If a Veteran requires a hearing aid, an impression is taken of the patient's ears and devices are ordered from commercial manufacturers.

Veterans can then go to their local VA clinic for their initial hearing aid fitting and follow-up adjustments through the use of tele-audiology. Clinics are located in Holdrege, North Platte, Norfolk, and Bellevue, Neb., and Shenandoah, Iowa.

Gortemaker said tele-health clinical technicians in the CBOCs receive training in basic audiology skills to assist on the patient side.

“They are our hands during these appointments,” Gortemaker said.

Gerald Crawford, an 81-year-old Veteran who lives near Holdrege, recently had his new hearing aids fitted and adjusted at the CBOC there. Jennifer Trompke, LPN, was with Crawford while Gortemaker communicated with them via a teleaudio system, which includes a video camera at both sites, large-screen monitors, microphones and a computer.

With the hearing aid in Crawford's ear in Holdrege, Gortemaker adjusted the audio levels through a computer system from Omaha. ▶

Jennifer Trompke, LPN, holds up an audio device at the Holdrege Community-Based Outpatient Clinic for Michele Gortemaker, Au D., VA NWIHCS Audiology and Speech Pathology Services chief, to inspect during a hearing aid fitting appointment for Veteran Gerald Crawford (right in monitor). Crawford was having his hearing aids fitted from Holdrege through a tele-audiology system.

# WATS?

► Crawford, who served eight years in the U.S. Navy, was exposed to loud noises from shelling and explosive charges.

He said although tele-audiology “is a little intimidating at first with the video screen, once you get relaxed, it’s like a standard appointment.

“It also saves a lot of driving time,” he said.



Photo by Will Ackerman

To be eligible for audiology services, Veterans must be referred by a VA medical provider or be evaluated for a service- ►

► connected medical condition that’s documented in their military medical records. The VA Regional Office sends Veterans claiming a potential service-connected hearing loss to audiology for an examination to determine if it could be service related. Examiners perform tests to determine hearing loss and provide an opinion if the hearing loss might be related to their military service.

Exams are performed at the Omaha and Lincoln VA clinics during weekdays, on evenings and weekends. When Grand Island’s clinic construction is complete and an audiologist is hired, the exams may resume there.

Gortemaker said Tinnitus is the most common service-connected hearing issue. It’s a perception of sound within a person’s ear – typically a ringing noise – when no sound is actually present. The condition can be caused by various factors to include exposure to loud noises, infections or emotional stress. Since there is no cure and Tinnitus cannot be objectively measured, audiology partners with mental health and holds a Tinnitus group on Wednesdays.

*(continued on page 11)* ►



Photo by Will Ackerman

Above: Lisa Babcock, and audiologist at the Omaha VA Medical Center, prepares Veteran Vincent Willey for a hearing test.

Left: Michele Gortemaker, Au D., VA NWIHCS Audiology and Speech Pathology Serviceschief, performs a hearing aid function test with Veteran Gerald Crawford via a tele-audiology system. Gortemaker was in Omaha; Crawford was at the Holdrege VA clinic.

# SHE EARNED THIS

## Women's Health is a Priority for VA NWIHCS

Will Ackerman | Public Affairs

**T**here are increasing number of female Veterans receiving VA health care services. At NWIHCS, seven percent of patients are women.

Dr. Stephanie Hartman, VA NWIHCS Women Veteran Medical Director, is enhancing services for women Veterans. She accepted the position in September 2013; however, Hartman is no stranger to serving Veterans. She's been at the Omaha VA medical center for eight years in various roles including as a medical student, an internal medicine resident and a primary care provider.

Hartman helped start a women's residency clinic and created a curriculum for residents about specific female health areas that included pap smears, breast tissue masses and pelvic pain.

"I felt like this was not specifically addressed in the curriculum at the time," Hartman said.

Partnering with Hartman is Donna Higgins, LCSW, Women Veteran Program Manager. Hartman educates providers about women Veteran-specific needs and issues. Higgins provides a social worker perspective and conducts outreach and Veteran education. Specific areas include cervical cancer screens (Pap smears), breast cancer screens (mammograms), birth control, preconception counseling, Human Papillomavirus (HPV) vaccine and menopausal support (hormone replacement therapy). ▶

### WOMEN VETERANS HEALTH CARE

You served, you deserve  
the best care anywhere.



Photo by Will Ackerman

Page 8: Dr. Stephanie Hartman checks the pulse of Veteran Michele Ramsey during an appointment in the women's clinic at the Omaha VA medical center. Hartman is the VA NWIHCS Women Veteran Medical Director.

▶ Hartman and Higgins mailed letters to let enrolled women Veterans know they have the option to request a designated women health care provider, who are located at all NWIHCS sites. These providers received special training to educate them about women Veteran care trends. Some areas of specific focus include military sexual trauma and intimate partner violence.

“When providers have predominantly treated male Veterans, it's important to have them understand health issues unique to women.”

**Dr. Stephanie Hartman**  
VA NWIHCS Women Veteran Medical Director

"We are seeing a disproportionately higher number of intimate partner violence amongst women Veterans than in the general population," Hartman said.

Although VA does not provide direct maternity care, women Veterans enrolled and eligible for VA care receive maternity benefits. The care is offered by a provider at a facility of the Veteran's choice and is paid for by the VA. Mammograms are also paid by the VA for eligible Veterans to receive at a non-VA provider.

"My ultimate goal is to develop space at the VA that is designed to provide for the care of all women Veterans in one location," Hartman said. 🗣️

# Who is your most-memorable

# U.S. PRESIDENT?

*Richard Nixon. He was almost impeached but resigned. This had never occurred in the history of the U.S. And, I voted for him.*

## Mary Kay Jordan, RN

Program Analyst, Quality Management | Omaha VAMC



*John F. Kennedy. I was a little girl when he was president. He was like royalty to the U.S. I was fascinated with his family and movie star popularity.*

## Peggy Ondracek, APRN

Infectious Disease Prevention  
Grand Island VA



*Barrack Obama. During his election, he focused hard on education issues that were important to college students like me (I was in college at the time).*

**Colleen O'Brien**, Program Support Assistant  
Quality Management and Patient Safety | Omaha VAMC

*George W. Bush. He led the country during the War on Terrorism, and I was sent to Afghanistan. His decisions about the military directly impacted me.*

**Greg Loyd, P.A.**, U.S. Army National Guard Veteran  
Associate Chief of Medicine | Omaha VAMC



*Jimmy Carter. He's from Georgia like me. I understand rural areas as did he with a hard work ethic. He carried that work ethic and integrity to the White House.*

## Trickera Sims, NP

Grand Island Community Living Center



## VA Goes Red for Women



**H** **heart disease is the No. 1 killer of women – killing more women than all forms of cancer combined.** Most women

don't notice the symptoms of heart disease until it's too late, which is why heart disease has been called the silent killer.

Donna Higgins, LCSW, VA NWIHCS Women Veterans Program Manager, and Employee Wellness, encourage employees and Veterans to join in special events to raise awareness about heart disease in women Veterans at three "VA Goes Read" events.

"VA is proud to team with the American Heart Association's (AHA) Go Red For Women movement to raise awareness of heart disease in women Veterans and VA staff," said Higgins. "This event not only highlights our commitment to care for women Veterans, but it's also a great opportunity to share information about cardiovascular disease and prevention." 

Will Ackerman | Public Affairs

### Go Red For Women Events

Come and Go Comedy Luncheon, 11 a.m. to 1 p.m., Feb. 4, Omaha VA Medical Center Conference Room. Features Abbot and Costello, door prizes, and information about cardiac health. Bring your own lunch.

Come and Go Heart Healthy bingo and lunch, 11 a.m. to 1 p.m., Feb. 7, Lincoln VA auditorium. Information about cardiac health. Bring your own lunch or pre-order a heart-healthy meal for \$5.25 by Feb. 5. For more information or to pre-order, email [quin.kelly@va.gov](mailto:quin.kelly@va.gov).

Heart Health Info, 11 a.m. to 1 p.m., Feb 4, Grand Island VA, South Lobby Area. Learn about cardiac care and get a red apple and bottle of water.

For more information, visit [www.womenshealth.va.gov](http://www.womenshealth.va.gov) and [www.goredforwomen.org](http://www.goredforwomen.org).

# Omaha VA Hosts HOMELESS SEARCH

Will Ackerman | Public Affairs

**Ending Veteran homelessness by 2015 is a top priority for VA's Secretary Eric Shinseki. Nationally, there's been a 24-percent reduction since the initiative started.**

In the Omaha area, VA's homeless population has decreased nearly 40 percent, said Linda Twomey, Mental Health Specialty Programs director.

One of the important components to determine success is a process called a Point in Time Count, which is required by the U.S. Department of Housing and Urban Development. VA NWIHCS's Community Resource and Referral Center at 825 Dorcas Street, Omaha, Neb., served as the city's launching point for the count.

Forty-five staff and volunteers from Omaha's HUD office, VA NWIHCS, the Metro Area Continuum of Care for the Homeless (MACHH), Community Alliance and other service providers scoured the streets Jan. 22 in sub-freezing temperatures to find Veterans and other homeless people across the city.

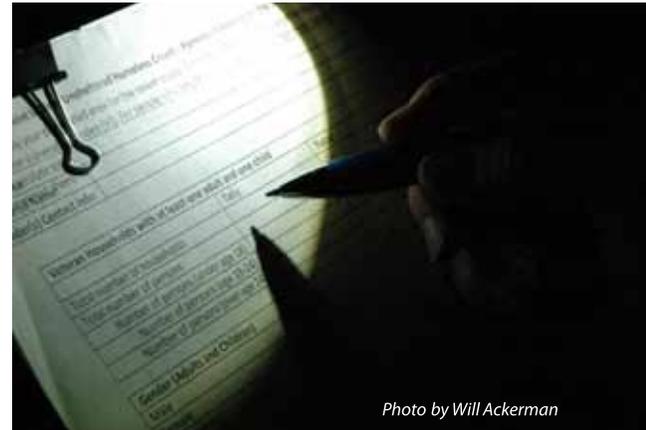


Photo by Will Ackerman

“The goal is to capture a snapshot of the need within our community.”

Ann Smolsky, MACCH Program Coordinator

(continued on page 11) ►

employees | NEW | LEAVING

## HELLO

Dec. 15 to Jan 11, 2014

**James Bowen**, Primary Care and Specialty Medicine

**Rachel Burke**, Pharmacy

**Alan Chock**, Pharmacy

**Michelle Daake**, Primary Care and Specialty Medicine

**Vincent Dang**, Biomedical Engineering

**Nicole Dertzo**, Social Work

**Michael Ehle**, Pharmacy

**Kelly Gaudineer**, Quality Management

**James Gillis**, Primary Care and Specialty Medicine

**Jennifer Gray**, Nursing

**Shirley Holm**, Mental Health

**Lori Huntley**, Business Office

**James Jenkins**, Safety

**Mattie Jenkins**, Primary Care and Specialty Medicine

**Matthew Jordan**, VA Police

**Lois Kalilangwe**, Primary Care and Specialty Medicine

**Lynette Kardell**, Business Office

**Marissa Kuzelka**, Social Work

**Edward Leaders**, Pharmacy

**Wade Lease**, Engineering

**Tara Livingston**, Primary Care and Specialty Medicine

**Denise Murcek**, Primary Care and Specialty Medicine

**Michael Nighswonger**, Logistics

**Cindy Nguyen**, Primary Care and Specialty Medicine

**Stephanie Nord**, Business Office

**Jennifer Parker**, Primary Care and Specialty Medicine

**Amy Powers**, Pharmacy

**Kevin Prichard**, Prosthetics

**Nirmal Raj**, Primary Care and Specialty Medicine

**Rose Rossell**, Nursing

**Christine Scorsone**, Mental Health

**Janette Stallings**, Mental Health

**Kimberly Stamp**, Primary Care and Specialty Medicine

**Ruth Steadman**, Primary Care and Specialty Medicine

**Jennifer Stetser**, Quality Management

**Lisa Stolzer**, Primary Care and Specialty Medicine

**Sidney Tangeman**, Primary Care and Specialty Medicine

**Howard Taylor**, Mental Health

**Benjamin Thompson**, VA Police

**Jonathan Tilk**, Business Office

**Janie Trachsel**, Quality Management

**Tuan Tran**, VA Police

**Sean Wagner**, Business Office

**Darrel Willoughby**, Chief of Staff

**Bryan Whitaker**, Laboratory

**Virginia Wolfe**, Primary Care and Specialty Medicine

## GOODBYE

**Trent Barner**, Biomedical Engineering

**Perris Brooks**, Nurse Executive Office

**Victor Cabriaes**, Environmental Management Services

**Zachary Clark**, Business Office

**Rebecca Hajek**, Imaging Services

**Jane Hill**, Surgery

**Julia Hottovy**, Veterans Canteen Service

**Alphansoe James**, Environmental Management Services

**Sakshi Malhotra**, Primary Care and Specialty Medicine

**Christopher Moore**, Imaging Services

**Sarah Murrel**, Surgery

**Dorothy Ruiz**, Veterans Canteen Service

**Phylip Thomas**, Business Office

**Julie Weedon**, Business Office

## RETIRING

**Donna Crawley**, Veterans Canteen Service

**John Horner**, Business Office

**Denise Knoll**, Laboratory

**Jeanne Martins**, Primary Care and Specialty Medicine

**Marilyn Morrell**, Veterans Canteen Service

**Robert Neale**, Mental Health

**Marion Pritchett**, Nursing

**Deborah Scott**, Primary Care and Specialty Medicine

**Thomas Stearley**, Primary Care and Specialty Medicine

**Diane Verkamp**, Logistics

**Lila Wallace**, Mental Health

► *(Helping Veterans Hear continued from page 10)*

“We teach people how to manage their reactions to the ringing and introduce other sounds into their environment,” Gortemaker said. “Psychology teaches participants relaxation techniques along with other aspects of Cognitive Behavioral Therapy.

“Although most people are able to ignore the Tinnitus, this group is for people who need additional help to learn to manage it,” Gortemaker said.

Within audiology, speech pathologists evaluate and treat Veterans who have communication or swallowing disorders. They evaluate and treat physiological or anatomical impairments that can be caused by head injury, hearing loss or learning disabilities. Speech and language difficulties could also result from medical conditions that include a stroke, Alzheimer’s disease, cancer or mental health issues. With speech pathologists only based in Omaha and Grand Island, they, too work with Veterans through tele-audiology, too.

“Speech therapy helps to improve Veterans’ quality of life, whether it is helping them to improve their ability to communicate or overcoming effects of swallowing disorders.”

Jill Champley, PhD, Speech Therapist

“This (speech therapy) can include communicating their needs or expressing their thoughts clearly through talking or assistive devices,” said Champley. 🗣️

► *(Veteran Homelessness continued from page 10)*

People conducting the count went to locations homeless people are known to be located, which includes under bridges, parks, the riverside and the downtown public library. Local shelter staff also counted the number of homeless staying in shelters.

“HUD uses the info to see if we are making a difference to ending Veteran homelessness,” said Earl Redrick, Omaha HUD Field Office director.

He said the count is very important because it determines how much funding HUD receives locally to support programs to provide affordable housing in the community to reduce all homelessness.

In addition to counting homeless people, volunteers made connections that will result in further outreach. One team found two Veterans staying in a building with no utilities.

“Tomorrow, we will send VA staff to perform outreach to these Veterans,” said Twomey. 🗣️

## events WHAT’S GOING ON?

- Feb. 1 – 7 *Women’s Heart Week*
- Feb. 4 *Lunch and Learn: A Come and Go Comedy luncheon in support of Wear Red Day, Omaha VAMC*  
*Heart Health Celebration, Information, Grand Island CBOC*
- Feb. 5 *VA Pantry, Community Resource and Referral Center, 825 Dorcas St., Omaha*  
*Feb. 7: Bingo and Luncheon for Women’s Cardiac Health, Lincoln VA CBOC*  
*National Wear Red Day*
- Feb. 9 – 15 *VA National Salute to Veteran Patients Week*
- Feb. 10 – 16 *Random Acts of Kindness Week*
- Feb. 10 *My HealtheVet assistance, Lincoln CBOC*
- Feb. 11 *National Shut-In Visitation Day*
- Feb. 12 *President Lincoln’s Birthday*
- Feb. 13 *Veterans Information Forum, Lincoln VA CBOC*
- Feb. 14 *Valentine’s Day*  
*Free Tax Assistance for Veterans, VA employees, Lincoln CBOC*
- Feb. 17 *Presidents’ Day (federal holiday)*
- Feb. 19 *VA Pantry, Community Resource and Referral Center, 825 Dorcas St, Omaha*  
*My HealtheVet assistance, Grand Island CBOC*
- Feb. 21 *Red Cross Bloodmobile, Omaha VAMC*  
*VA CoffeeHaus, Lincoln VA CBOC*
- Feb. 22 *President Washington’s Birthday*
- Feb. 23 *Iwo Jima Day Anniversary*
- Feb. 26 *Kuwait Liberation Day*

For more information about VA NWIHCS events, visit [www.nebraska.va.gov](http://www.nebraska.va.gov).



There are thousands of health information websites...



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[www.veteranshealthlibrary.org](http://www.veteranshealthlibrary.org)



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